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आई सी एम आर - राष्ट्रीय पोषण संस्थान
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य और परिवार
कल्याण मंत्रालय, भारत सरकार
ICMR – National Institute of Nutrition
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

LIST OF HOLIDAYS FOR THE YEAR 2023

Sl. No.	Holidays	Date	Day
01	Republic Day	January 26	Thursday
02	Ugadi	March 22	Wednesday
03	Ram Navami	March 30	Thursday
04	Mahavir Jayanthi	April 04	Tuesday
05	Good Friday	April 07	Friday
06	Id-UI-Fitr*	April 22	Saturday
07	Buddha Purnima	May 05	Friday
08	Id-UI-Zuha (Bakrid)*	June 29	Thursday
09	Muharram*	July 29	Saturday
10	Independence Day	August 15	Tuesday
11	Ganesh Chaturthi	September 19	Tuesday
12	Milad-Un-Nabi or Id-e-Milad* (Birthday of Prophet Mohammed)	September 28	Thursday
13	Mahatma Gandhi's Bhirthday	October 02	Monday
14	Dussehra	October 24	Tuesday
15	Diwali (Deepavali)	November 12	Sunday
16	Guru Nanak's Birthday	November 27	Monday
17	Christmas Day	December 25	Monday

Note: *Subject to change, depending upon the appearance of the Moon.


Sr. Administrative Officer



LIST OF RESTRICTED HOLIDAYS FOR THE YEAR 2023

Sl. No.	Holidays	Date	Day
1	New Year's Day	January 01	Sunday
2	Makara Sankranti / Magha Bihu	January 14	Saturday
3	Pongal	January 15	Sunday
4	Basant Panchami / Sri Panchami	January 26	Thursday
5	Hazarath Ali's Birthday / Guru Ravi Das's Birthday	February 05	Sunday
6	Birthday of Swami Dayananda Saraswati	February 15	Wednesday
7	Maha Shivaratri	February 18	Saturday
8	Shivaji Jayanti	February 19	Sunday
9	Holika Dahan, Dolyatra	March 07	Tuesday
10	Holi	March 08	Wednesday
11	Easter Sunday	April 09	Sunday
12	Vaisakhi / Vishu / Meshadi	April 14	Friday
13	Vaisakhadi (Bengal) / Bahag Bihu (Assam)	April 15	Saturday
14	Jamai-UI-Vida	April 21	Friday
15	Birthday of Guru Rabindranath Tagore	May 09	Tuesday
16	Rath Yatra	June 20	Tuesday
17	Parsi New Year's Day / Nauraj	August 16	Wednesday
18	Vinayaka Chaturthi	August 20	Sunday
19	Varalakshmi Vratam	August 25	Friday
20	Onam or Thiru Onam Day	August 29	Tuesday
21	Raksha Bandhan	August 30	Wednesday
22	Janmashtami (Smarta)	September 06	Wednesday
23	Bathukamma	October 14	Saturday
24	1 st Navratri	October 15	Sunday
25	Dussehra (Saptami)	October 21	Saturday
26	Dussehra (Mahashtami)	October 22	Sunday
27	Dussehra (Mahanavami)	October 23	Monday
28	Maharishi Valmiki's Birthday	October 28	Saturday
29	Karaka Chaturthi (Karwa Chouth)	November 01	Wednesday
30	Naraka Chaturdasi	November 12	Sunday
31	Govardhan Puja	November 13	Monday
32	Pratihara Shashthi or Surya Shashthi (Chhat Puja)	November 19	Sunday
33	Guru Tej Bahadur's Martyrdom Day	November 24	Friday
34	Christmas Eve	December 24	Sunday

Note:

1. In addition to the above declared holidays, employees may avail any two Restricted Holidays at his/her choice.
2. In addition to the above list, the employee may also avail Optional Holidays as per the State Government Holidays list / Restricted Holidays.


Sr. Administrative Officer