

NATIONAL NUTRITION MONITORING BUREAU

R e p o r t
for the year 1975

NATIONAL INSTITUTE OF NUTRITION
Indian Council of Medical Research

Hyderabad-500007.

1976

The aims and objectives of the National Nutrition Monitoring Bureau, which was set up by the Indian Council of Radical Research in June 1972, have already been reported (Plan of Operation -- NNMB). Data on food consumption and nutritional status of representative sections of population from nine regional units have been collected. The cumulative coverage of households for dietary surveys and individuals for assessment of nutritional status until the end of December 1975 is presented in Table I. Results of the analysis of the data received till the end of the year 1974 from different regional units with respect to rural households have been reported (NNMB Report 1975). One of the drawbacks of the results reported earlier (Interim NNMB Report 1974 and NNMB Report 1975) was the lack of coverage of districts from comparable 'developmental category'¹ (as per the criteria given in the plan of operation of NNMB) in various States; also the households were covered in different seasons in different States. These precluded inter-state comparisons despite strictly standardised methodology adopted in data collection. Surveys conducted during the year 1975 were designed to overcome these limitations

In keeping with the decision taken at the last NNMB meeting (1975) this year's report, in addition to providing state-wise information, includes district-wise details of daily average food and nutrient consumption figures of households classified in different income groups (Annexure I). This is mainly intended for the use of the regional units and no attempt has been made to interpret the results of district data at this stage of analysis.

COVERAGE:

During the period under report a total of 3978 households have been covered for dietary surveys, 2967 (74%) from rural areas and the remaining from urban localities in nine States (Table 2). Because of the inadequate coverage of the households in Tamil Nadu and in Madhya Pradesh, these were excluded from the analysis. The results presented here, thus pertain to 2672 rural households covered for diet and nutritional surveys in the States of Kerala (410), Karnataka (410), Andhra Pradesh (385), Maharashtra (405), Gujarat (385), West Bengal (312) and Uttar Pradesh (365). In each State four districts, one from each of the socio-economic category (NNMB Plan of Operation) have been covered. The names of the districts are provided in the Table 3,

INCOME STATUS

The distribution of households according to daily per capita income showed that a majority (73.8%) had an income of less than two rupees per day while 20.9% had an income of Rs.2-5, only a small per cent of households (5.3%) had a daily income of Rs.5/- or more per person (Table 4).

PATTERN OF FOOD AND NUTRIENT INTAKE

In annexure I is presented the average intake of foodstuffs and nutrients per consumption unit per day based on family diet surveys. Tables on pages 1 to 63 of the annexure provide district-wise and state-wise data on food and nutrient consumption of population classified according to different income groups, and they exhibit definite income trends. However, the comments made in

the following paragraphs in respect of States are based on the pooled data (Tables on page 64, 65 and 66 of Annexure I).

FOODSTUFFS

CEREALS AND MILLETS

Maximum consumption of cereals and millets was observed in the State of Karnataka (696 g). This is followed by Andhra Pradesh (571), Uttar Pradesh (560), west Bengal (534), Maharashtra (495), Gujarat (480) and Kerala (388). These observations are similar to those reported earlier (NNMB Report 1975), Pulses, leafy vegetables, other vegetables, roots and tubers, flesh food⁹, milk and milk products, fats and oils and sugar and Jaggary are also of the pattern reported in the NNMB Report 1975.

NUTRIENTS

The average nutrient intake per consumption unit per day, based on family dietary survey data, are presented in the table on page 65 of Annexure I.

PROTEIN

The average daily intake of protein per consumption unit was found to be well above the recommended (ICMR, 1968) levels of 55 g in all the States except in Kerala, which showed an intake of about 45 g.

CALORIES

The average intake of calories per CU per day ranged from 1926 in Kerala to 2911 in Karnataka. Excluding the States of

Andhra Pradesh and Karnataka, which met their calorie requirements, the calorie deficit of less than 10% was observed in the States of Maharashtra, Gujarat, west Bengal and Uttar Pradesh. However, a maximum deficit of 20% was observed in the State of Kerala.

MINERALS

CALCIUM

The intake of calcium was highest (918 mg) in Karnataka and lowest (361 mg) in Uttar Pradesh. In all the other States, the average consumption of this nutrient ranged from about 400 to 650 mg, a level recommended by the Expert Group (ICMR 1968).

IRON

The intake of iron was lowest in Kerala (20.9 mg) and highest in Karnataka (47.4 mg). In the other States, the average daily intake was around recommended level of 30 mg per CU.

VITAMINS

RETINOL (VITAMIN A)

In all the States the intake levels of Vitamin A were far below the recommended value of 750 µg. The highest values were observed in west Bengal (508 µg) and lowest in Kerala (117 µg).

THIAMINE (VITAMIN B₁)

Intakes of Vitamin B₁ ranged from 0.88 mg in Kerala to 2.55 mg in Karnataka.

RIBOFLAVIN (VITAMIN B₂)

The highest (1.22 mg) intake of this vitamin was seen in Gujarat followed by Karnataka (1.19 mg), Uttar Pradesh (1.08 mg), Maharashtra (1.03 mg), west Bengal (0.81 mg), Andhra Pradesh (0.77 mg) and Kerala (0.75 mg).

The intakes of Vitamin B₁ were found to be satisfactory in all the States except Kerala; while the intakes of Vitamin B₂ were found to be below the recommended levels in all the States.

PROTEIN CALORIE MALNUTRITION

To determine the adequacy or otherwise of intakes of protein and calories the following procedure was adopted. Intakes in any household wherein the values for proteins and calories fell below the mean -2SE of the recommended allowances, were considered as inadequate. All households were thus classified into different categories of protein-calorie adequacy and inadequacy.

The percentage distribution of the households according to protein-calorie adequacy is shown in table on page 66 of the Annexure I.

CALORIE AND PROTEIN ADEQUACY

The proportion of households having adequate intake of calories and proteins ranged from 32% in Kerala to 80% in Karnataka. Nearly 50% of the households in the States of Maharashtra, Gujarat, west Bengal and Uttar Pradesh had adequate protein and calorie intakes. In Andhra Pradesh about 60% of the households belonged to this category.

As reported last year, protein inadequacy was invariably associated with calorie inadequacy except in a small per cent of households (Kerala 3.7%, Karnataka and Gujarat 0.3%, West Bengal 1.6%), Where the calorie adequacy Was associated with protein inadequacy. A large proportion of the households was found to be calorie deficient as compared to protein in all the States, signifying the problem of calorie inadequacy being relatively of greater magnitude than that of protein.

NUTRITIONAL STATUS -- CLINICAL

A total of 16032 subjects Were examined for the presence of nutritional deficiency signs; in addition their body measurements were taken. Of these 536 (3.3%) Were infants (below one year), 2046 (12.8%) Were preschool children (1-5 years), 3499 (21.8%) Were of school going age and 3829 (23.9%) belonged to the age group of 12-21 years. The rest 38.2% Were adults. The unit-wise per cent prevalence of various nutritional deficiency signs in each of these age groups is presented in Annexure II.

Most commonly observed nutritional disorders are: Protein-calorie malnutrition (PCM); Vitamin A and B-complex deficiency and deficiency of essential fatty acids. The signs of PCM Were seen more frequently in infants and preschool children, While those of vitamin deficiencies in children of school age and adolescents.

PROTEIN-CALORIE MALNUTRITION

Clinical cases of marasmus/emaciation and kwashiorkor (oedema) Were seen in almost all the States. Prevalence of marasmus or

emaciation was common in children under one year of age, while in preschool children both types of PCM, namely Maresmus and kwashiorkor were seen; their per cent prevalence ranged from 0.2 to 1.4.

VITAMIN AND OTHER DEFICIENCY SIGNS

Per cent prevalence of ocular signs like xerosis and Bitot's spot suggestive of vitamin A deficiency among children ranged from 0.8 to 7.0, while per cent prevalence of oral and lingual lesions of B-complex deficiency such as angular stomatitis, cheilosis, glossitis, etc. ranged from 0.7 to 18.3.

Vitamin A and B-complex deficiency signs were seen in almost all the States.

Prevalence of phrynoderma was observed in almost all the States. The peak prevalence of 9.4% of this deficiency sign was seen in Kerala among children between the ages of 5-12 years.

Varying degree of dental mottling and caries were observed in different States.

THYROID ENLARGEMENT

Enlargement of thyroid gland was observed in the States of Kerala (0.5%), Maharashtra (0.4%), West Bengal (0.4%) and Uttar Pradesh (12.9%).

NUTRITIONAL STATUS -- ANTHROPOMETRY

GROWTH PATTERN

Means and standard deviation of anthropometric measurements-- height, weight, arm circumference and skin fold at triceps by age

and sex are presented in Annexure III. In general, the values for various measurements were lower for females except skin fold values which tended to be higher during adolescent period.

PREVALENCE OF UNDERNUTRITION IN PRESCHOOL CHILDREN USING ANTHROPOMETRY

WEIGHT FOR AGE :

When weight for age was used as criterion for quantifying malnutrition (Gomez's classification) it was observed that about 16 to 30% children manifested weight deficit of 40% in different States. The highest prevalence of severe forms of undernutrition was seen in Maharashtra (29.8%), while the lowest (16%) was observed in West Bengal. Nearly two-thirds of the children suffered from either mild or moderate degrees of undernutrition in various States.

TABLE I

NNMB - COVERAGE OF POPULATION
(Till the end of December 1975)

S t a t e	Coverage of			Individuals for nutrition survey
	Households for diet survey		Urban	
	Rural			
1. Kerala	848	500	500	8,088
2. Tamil Nadu	431	301	301	4,392
3. Karnataka	933	432	432	8,192
4. Andhra Pradesh	1,003	339	339	8,052
5. Maharashtra	675	400	400	6,450
6. Gujarat	1,211	427	427	9,288
7. Madhya Pradesh	928	250	250	7,068
8. West Bengal	883	150	150	6,198
9. Uttar Pradesh	663	115	115	4,668
T o t a l	7,575	2,914	2,914	62,394

TABLE

2

NNMB- COVERAGE OF POPULATION DURING THE YEAR 1975

S t a t e	Coverage of			Individuals for nutrition surveys
	Households for diet survey		Total	
	Rural	Urban		
1. Kerala	410	250	660	3,960
2. Tamil Nadu	95	50	145	870
3. Karnataka	410	210	620	3,720
4. Andhra Pradesh	385	101	486	2,916
5. Maharashtra	405	150	555	3,330
6. Gujarat	385	250	635	3,810
7. Madhya Pradesh	200	-	200	1,200
8. West Bengal	312	-	312	1,872
9. Uttar Pradesh	365	-	365	2,190
T o t a l	2,967	1,011	3,978	23,868

TABLE 3

NNMB- COVERAGE OF DISTRICTS DURING THE YEAR 1975

S t a t e	District			Category+	
	A	B	C		
Kerala	•••	Trichur	Alleppey	Kottayam	Kozhikode
Karnataka	•••	Tumkur	North Kanara	Gulberga	Dharwar
Andhra Pradesh	•••	Nizamabad	Medak	Visakhapatnam	Chittoor
Maharashtra	•••	Ahmadnagar	Kolaba	Parbhani	Nagpur
Gujarat	•••	Banaskantha	Ahmedabad	Surat	Dangs
West Bengal	•••	Purulia	Cooch Behar	Howrah	Darjeeling
Uttar Pradesh	•••	Deoria	Luc know	Meerut	Pilibhit

+ Classified as per the criteria given in NNMB plan of operation.

TABLE 4

NNMB- PERCENT DISTRIBUTION OF HOUSEHOLDS ACCORDING TO DAILY PERCAPITA
INCOME

Income category	Less than Re.1	RS.1-2	Rs.2-5	Rs.5 and more
Per cent of households:	41.6	32.2	20.9	5.3

ANNEXURE - I

FOOD AND NUTRIENT CONSUMPTION PATTERN

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA 9

PER CAPITA DAILY INCOME (Rupees)

FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
-----------	----	---------	---------	-----	-----	------	-----	-----	-----	----	-------

DISTRICT : TRICHUR

No. of HH	7	20	19	20	9	3	1	39	29	4	79
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	252	221	262	270	358	412	284	236	296	380	267
Wheat	127	157	127	122	82	57	103	147	109	69	128
Others	-	-	-	8	-	-	-	-	6	-	2
TOTAL	379	378	389	400	435	469	387	383	411	449	397

DISTRICT : ALLEPPEY

No. of HH	2	13	13	21	19	14	2	26	40	16	64
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	211	212	185	238	298	320	533	198	267	346	259
Wheat	65	55	86	93	70	122	-	71	82	107	83
Others	-	-	-	6	3	-	-	-	5	-	2
TOTAL	276	267	271	337	371	442	533	269	354	453	344

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

PER CAPITA DAILY INCOME (Rupees)

FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
-----------	----	---------	---------	-----	-----	------	-----	-----	-----	----	-------

DISTRICT : KOTTAYAM

No. of HH	10	20	14	20	12	8	2	34	32	10	86
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	15	-	76	43	19	-	-	21	34	-	27
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	148	186	178	190	273	322	425	183	221	342	212
Wheat	59	94	64	99	69	41	-	82	88	33	76
Others	-	-	-	-	10	-	-	-	4	-	1
TOTAL	222	280	248	332	371	363	425	296	347	375	316

DISTRICT : KOZHIKODE

No. of HH	9	23	13	18	10	3	0	36	28	3	76
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	13	-	-	-	-	5	-	-	2
Rice	143	224	162	263	284	326	-	208	270	326	228
Wheat	50	78	74	91	24	-	-	77	67	-	70
Others	-	-	-	4	-	-	-	-	2	-	1
TOTAL	193	312	249	358	308	326	-	290	339	326	301

* LESS THAN ONE GRAM

NNMB - AVERAGE PULSE CONSUMPTION(g./CU/day) ACCORDING TO INCOME CATEGORY IN AREAS KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : TRICHUR											
No. of HH	7	20	19	20	9	3	1	39	29	4	79
Bengalgram	-	-	-	-	-	-	-	-	-	-	-
Blackgram	-	-	-	2	12	12	-	-	5	9	2
Greengram	2	1	2	1	10	-	-	1	4	-	2
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	3	1	-	1	3	-	-	-	2	-	1
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	4	-	-	-	-	-	2	1
TOTAL	5	2	2	8	25	13	-	1	11	11	6
DISTRICT : ALLEPPEY											
No. of HH	2	13	13	21	19	14	2	26	40	16	84
Bengalgram	-	3	-	-	4	-	-	1	2	-	1
Blackgram	-	2	-	-	5	-	29	1	2	4	2
Greengram	-	-	10	2	10	9	49	5	6	14	7
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	-	-	-	-	2	3	17	-	1	5	1
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	6	10	2	21	12	95	7	11	23	11

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	34	32	10	86
Bengalgram	1	-	-	-	3	-	-	-	1	-	1
Blackgram	-	3	-	-	6	15	-	2	2	12	3
Greengram	5	-	-	1	15	3	20	-	6	7	4
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	-	-	9	12	7	4	-	4	10	2	6
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	6	3	9	13	31	22	20	6	19	22	14
DISTRICT : KOZHIKODE											
No. of HH	9	23	13	18	10	3	0	36	28	2	76
Bengalgram	-	-	-	-	-	-	-	-	-	-	-
Blackgram	-	-	2	4	7	-	-	1	5	-	2
Greengram	-	2	4	4	8	20	-	2	5	20	4
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	2	1	-	2	2	-	-	1	2	-	1
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	2	3	6	10	17	20	-	4	12	20	7

NNMB- AVERAGE CONSUMPTION OF VEGETABLES (g./cu/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: TRICHUR											
No. of HH	7	20	19	20	9	3	1	39	29	4	79
Leafy Veg.	-	-	2	7	-	-	-	1	5	-	2
Other Veg.	143	171	160	143	249	296	-	165	176	222	171
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	4	10	10	9	8	50	7	10	18	8
Potato	-	-	7	2	6	-	30	4	3	8	3
Tapioca	-	-	9	56	-	-	-	4	39	-	16
Others	-	3	8	4	-	-	-	5	3	-	4
Total (R & T)	4	7	34	72	15	8	80	20	55	26	31
DISTRICT: ALLEPPEY											
No. of HH	2	13	13	21	19	14	2	26	40	16	84
Leafy Veg.	-	-	-	-	7	15	59	-	3	20	5
Other Veg.	28	25	35	104	96	86	26	30	100	78	73
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	6	9	8	8	16	20	52	8	12	24	13
Potato	-	4	4	4	16	27	-	2	10	23	12
Tapioca	67	254	199	133	131	84	-	227	132	74	149
Others	-	-	-	-	1	1	-	-	4	1	4
Total (R & T)	73	263	211	145	164	142	52	237	154	132	174

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	34	32	10	86
Leafy Veg.	5	-	-	-	7	-	-	-	2	-	2
Other Veg.	11	38	40	51	80	97	142	39	62	106	52
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	9	10	13	16	21	20	24	11	18	21	15
Potato	-	5	2	5	6	10	-	4	5	8	5
Tapioca	212	269	262	140	53	126	-	266	107	101	182
Others	9	6	1	16	2	15	-	4	11	12	8
Total (R & T)	230	290	278	177	82	171	24	285	141	142	200
DISTRICT: KOZHIKODE											
No. of HH	9	23	13	18	10	3	-	26	28	3	76
Leafy Veg.	-	2	-	-	-	-	-	2	-	-	1
Other Veg.	-	9	9	12	5	11	-	9	10	11	8
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	5	8	8	11	13	15	-	8	12	15	9
Potato	-	3	-	1	7	-	-	2	3	-	2
Tapioca	407	305	252	185	260	352	-	286	212	352	275
Others	-	20	17	24	49	32	-	19	33	32	22
Total (R & T)	412	336	277	221	329	399	-	315	260	399	308

NMMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: TRICHUR											
No. of HH	7	20	19	20	9	3	1	39	29	4	79
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	29	32	49	44	48	24	19	40	45	68	43
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	39	32	49	44	48	24	19	40	45	68	43
COND. & SPICES	7	7	9	12	11	14	26	8	11	18	10
DISTRICT: ALLEPPEY											
No. of HH	2	13	19	21	19	14	2	26	40	16	84
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	37	37	42	50	56	67	90	40	53	17	52
Groundnut	-	2	-	*	-	-	-	2	*	-	*
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	37	40	42	50	56	67	90	42	53	17	52
COND. & SPICES	9	8	9	13	12	14	20	8	13	15	12

NMMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	34	22	10	86
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	35	39	40	37	61	65	94	39	46	71	45
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	35	39	40	37	61	65	94	39	46	71	45
COND. & SPICES	11	12	13	14	14	18	24	12	14	19	14
DISTRICT: KOZHIKODE											
No. of HH	9	23	13	18	10	3	-	36	28	3	76
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	46	54	45	70	67	81	-	50	69	81	59
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	46	54	45	70	67	81	-	50	69	81	59
COND. & SPICES	12	14	14	16	16	24	-	14	16	24	15

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: TRICHUR											
No. of HH	7	20	19	20	9	3	1	39	29	4	79
Fruits (Total)	-	19	20	5	15	8	25	17	5	12	11
Fish, Fresh	11	18	17	13	20	77	-	17	15	58	18
Fish, Dry	8	-	4	3	-	-	-	2	2	-	2
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	19	18	21	16	20	77	-	19	17	58	20
Meat	-	-	-	-	-	-	189	-	-	35	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	*	2	2	-	44	*	2	11	1
Total (Other flesh foods)	-	*	*	2	2	-	183	*	2	46	3
DISTRICT: ALLEPPEY											
No. of HH	2	13	13	21	19	14	2	26	40	16	84
Fruits (Total)	-	-	23	-	1	1	-	12	*	*	4
Fish, Fresh	22	24	28	49	26	61	13	26	38	55	27
Fish, Dry	-	-	-	-	*	-	-	-	*	-	*
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	22	24	28	49	26	61	13	26	38	55	27
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	1	*	*	3	9	*	*	4	1
Total (Other flesh foods)	-	*	1	*	*	3	9	*	*	4	1

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	34	32	10	86
Fruits (Total)	1	4	7	11	16	2	-	5	13	1	7
Fish, Fresh	18	20	33	17	21	33	81	26	18	43	24
Fish, Dry	2	4	3	10	8	-	-	4	9	-	5
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	20	24	36	27	29	33	81	30	27	43	29
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	1	1	-	5	13	-	1	6	1
Total (Other flesh foods)	-	-	1	1	-	5	13	-	1	6	1
DISTRICT: KOZHIKODE											
No. of HH	9	23	13	18	10	3	-	36	28	3	76
Fruits (Total)	2	1	-	7	6	21	-	1	7	21	4
Fish, Fresh	30	37	26	47	25	51	-	23	43	51	27
Fish, Dry	-	3	5	2	7	8	-	3	4	8	3
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	30	40	31	49	49	59	-	36	47	59	40
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	3	-	-	-	1	-	-
Total (Other flesh foods)	-	-	-	-	3	-	-	-	1	-	-

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: TRICHUR											
No. of HH	7	20	19	20	9	3	1	39	29	4	79
Milk (Total)	-	7	16	24	38	67	133	12	28	84	20
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	*	-	*	-	-	-	*	*	-	*
Cooking oil	3	2	4	5	7	10	33	3	6	15	5
Fats & Oils (Total)	4	3	4	6	7	10	33	3	6	15	5
Sugar	5	4	6	8	13	20	25	5	9	21	7
Jaggery	10	10	9	6	5	-	-	9	6	-	8
Total (S & J)	15	14	15	14	18	20	25	14	15	21	15
DISTRICT: ALLEPPEY											
No. of HH	2	13	13	21	19	14	2	26	40	16	84
Milk (Total)	-	6	25	24	40	60	216	15	32	80	35
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	*	-	-	-	*	*
Cooking oil	2	3	2	5	5	6	13	3	5	7	5
Fats & Oils (Total)	2	3	2	5	5	6	13	3	5	7	5
Sugar	5	3	7	9	15	17	33	5	12	19	11
Jaggery	8	12	8	14	5	4	-	10	10	4	9
Total (S & J)	13	15	15	23	20	21	33	15	22	23	20

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
KERALA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	34	32	10	86
Milk (Total)	3	15	8	19	62	145	107	12	35	137	34
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	2	4	3	6	7	10	12	3	6	10	5
Fats & Oils (Total)	2	4	3	6	7	10	12	3	6	10	5
Sugar	8	13	12	14	27	37	25	12	19	34	17
Jaggery	4	4	8	5	-	-	-	5	2	-	4
Total (S & J)	12	17	20	19	27	37	25	17	22	34	21
DISTRICT: KOZHIKODE											
No. of HH	9	23	13	18	10	3	-	36	28	3	76
Milk (Total)	-	17	27	55	61	76	-	21	57	76	34
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	2	3	2	5	6	9	-	3	6	9	4
Fats & Oils (Total)	2	3	2	5	6	9	-	3	6	9	4
Sugar	19	22	21	28	27	24	-	21	28	24	23
Jaggery	-	-	-	-	-	-	-	-	-	-	-
Total (S & J)	19	22	21	28	27	24	-	21	28	24	23

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Bajra	-	-	7	-	-	-	-	3	-	-	1
Jowar	11	-	-	-	-	-	-	-	-	-	6
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	466	445	440	349	290	-	-	443	322	-	438
Rice	134	157	137	267	298	-	-	149	281	-	159
Wheat	-	-	8	-	-	-	-	3	-	-	1
Others	36	44	64	10	47	-	-	52	27	-	41
TOTAL	647	646	656	626	635	-	-	650	630	-	646
DISTRICT : NORTH KANARA											
No. of HH	20	10	5	3	3	-	3	15	6	3	44
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	22	90	313	-	-	-	67	164	-	67	70
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	56	-	-	-	-	-	-	-	-	-	25
Rice	412	533	290	495	327	-	529	452	411	529	434
Wheat	-	-	-	-	8	-	-	-	4	-	8
Others	25	-	-	67	-	-	28	-	33	28	18
TOTAL	515	623	603	562	335	-	624	616	448	624	547

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : GULBURGA											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Bajra	34	-	-	-	-	-	-	-	-	-	14
Jowar	599	755	856	708	791	555	-	776	739	555	692
Maize	3	-	-	-	-	-	-	-	-	-	1
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	-	19	-	18	105	102	-	15	50	102	17
Wheat	-	-	-	6	-	-	-	-	4	-	8
Others	4	-	-	17	-	-	-	-	10	-	4
TOTAL	640	774	856	749	896	657	-	791	803	657	728
DISTRICT : DHARWAR											
No. of HH	51	17	16	9	6	6	2	33	15	8	107
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	530	469	525	591	435	503	637	496	529	537	520
Maize	14	11	-	-	-	-	-	6	-	-	8
Ragi	25	-	43	-	-	-	-	21	-	-	18
Rice	148	214	175	341	224	255	485	195	294	313	195
Wheat	1	3	6	24	-	-	76	4	14	19	5
Others	48	19	38	-	13	-	-	28	5	-	32
TOTAL	766	716	787	956	672	758	1198	750	842	869	778

NNMB-AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
DISTRICT: TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Bengalgram	-	-	-	1	8	-	-	-	4	-	1
Blackgram	1	-	-	2	1	-	-	-	1	-	1
Greengram	-	-	-	-	-	-	-	-	-	-	-
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	14	23	47	26	36	-	-	33	30	-	23
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	39	24	16	9	14	-	-	20	11	-	38
TOTAL	54	47	63	35	59	-	-	53	46	-	53
DISTRICT: NORTH KANARA											
No. of HH	26	10	5	3	3	-	3	15	6	3	44
Bengalgram	1	-	-	-	1	-	-	-	4	-	1
Blackgram	2	6	-	-	2	-	-	4	1	-	2
Greengram	4	7	11	-	-	-	9	8	-	9	5
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	5	13	13	17	25	-	42	13	21	42	12
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	3	-	4	-	24	-	-	1	12	-	4
TOTAL	15	26	28	17	59	-	51	26	37	51	24

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
DISTRICT: GULBURGA											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Bengalgram	-	-	-	-	-	-	-	-	-	-	-
Blackgram	-	-	-	-	-	-	-	-	-	-	-
Greengram	4	18	-	3	-	-	-	14	2	-	7
Khesari dal	6	-	-	-	-	-	-	-	-	-	3
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	27	62	100	112	106	55	-	70	110	55	60
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	5	21	4	-	-	-	1	18	-	1	9
TOTAL	42	101	104	115	106	55	-	102	112	55	79
DISTRICT: DHARWAR											
No. of HH	51	17	16	9	6	6	2	33	15	8	107
Bengalgram	-	1	-	-	1	-	7	-	1	2	1
Blackgram	-	1	-	-	1	-	7	-	1	2	1
Greengram	11	27	7	33	27	15	52	17	31	25	17
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	24	29	49	62	65	100	204	38	63	132	42
Soyabean	-	2	-	-	-	-	-	1	-	-	1
Others	9	9	11	12	-	-	-	10	7	-	9
TOTAL	44	67	67	107	94	123	270	66	101	161	68

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Leafy Veg.	6	-	-	8	-	-	-	-	4	-	4
Other Veg.	8	12	9	15	29	-	-	11	21	-	11
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	17	15	26	15	24	-	-	20	19	-	19
Potato	-	-	4	-	13	-	-	2	6	-	2
Yaploc	-	-	-	-	-	-	-	-	-	-	-
Others	-	1	-	-	-	-	-	1	-	-	*
Total (R & T)	17	16	32	15	37	-	-	23	26	-	21
DISTRICT : NORTH KANARA											
No. of HH	20	10	5	3	3	-	3	15	6	3	44
Leafy Veg.	-	5	-	-	-	-	-	3	-	-	1
Other Veg.	39	15	105	36	33	-	216	45	35	216	53
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	9	19	35	9	23	-	63	24	16	63	19
Potato	2	-	-	20	10	-	15	-	15	15	4
Yaploc	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	11	19	35	29	33	-	78	24	31	78	23

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : GULBURGA											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Leafy Veg.	77	4	-	10	-	-	-	3	6	-	35
Other Veg.	27	26	64	29	15	-	-	34	24	-	28
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	5	8	13	20	11	46	-	9	17	46	9
Potato	-	-	-	-	-	-	-	-	-	-	-
Yaploc	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	5	8	13	20	11	46	-	9	17	46	9
DISTRICT : DHARWAR											
No. of HH	51	17	16	9	6	6	2	33	15	8	107
Leafy Veg.	-	1	-	-	-	2	-	*	-	1	*
Other Veg.	24	11	27	58	46	76	78	19	53	77	31
ROOTS & TUBERS											
Carrot	*	-	-	-	-	-	-	-	-	-	-
Onion, big	13	17	22	34	30	45	146	19	32	70	22
Potato	1	-	2	-	-	-	-	1	-	-	*
Yaploc	*	-	-	-	-	-	-	-	-	-	-
Others	1	-	-	-	-	-	-	-	-	-	*
Total (R & T)	15	17	24	34	30	45	146	20	32	70	22

NNMB- AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	-	-	-	-	-	-	-	-	-	*
Coconut, fresh	*	2	6	*	10	-	-	3	5	-	2
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	1	-	-	-	-	-	*	-	-	*
TOTAL	*	3	6	*	10	-	-	3	5	-	2
COND. & SPICES	17	26	23	41	15	-	-	25	29	-	22
DISTRICT : NORTH KANARA.											
No. of HH	20	10	5	3	3	-	3	16	6	3	44
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	4	-	24	-	-	24	3	12	24	4
Coconut, fresh	41	49	76	42	33	-	22	58	37	22	45
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	3	-	-	-	-	-	-	-	-	-	1
TOTAL	44	53	76	66	33	-	46	61	49	46	50
COND. & SPICES	8	11	22	10	8	-	13	15	9	13	11

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : GULBURGA.											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	19	19	12	22	38	37	-	18	28	37	21
DISTRICT : DHARWAR.											
No. of HH	51	17	16	9	6	6	2	33	15	8	107
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	*	-	-	-	-	*	-	-	-
Coconut, fresh	*	-	*	-	-	-	-	*	-	-	*
Groundnut	-	-	-	-	1	-	-	-	*	-	-
Others	*	3	*	-	-	-	-	2	-	-	*
TOTAL	*	3	*	-	1	-	-	2	*	-	*
COND. & SPICES	26	28	34	34	17	28	58	31	27	36	28

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA (11)

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Fruits (Total)	3	2	6	-	22	-	-	4	10	-	4
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	-	-	-	-	-	-	-
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	-	-	-	-	-	-	-	-
DISTRICT: NORTH KANARA											
No. of HH	20	10	5	3	3	-	3	15	6	3	44
Fruits (Total)	-	-	-	-	-	-	-	-	-	-	-
Fish, Fresh	40	14	13	43	-	-	-	14	21	-	26
Fish, Dry	5	8	4	-	-	-	-	6	-	-	4
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	45	22	17	43	-	-	-	20	21	-	30
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	-	-	-	-	-	-	-	-

INMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: GULBURGA											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Fruits (Total)	-	-	-	-	-	-	-	-	-	-	-
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	-	-	-	-	-	-	-
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	-	-	-	-	-	-	-	-
DISTRICT: DHARWAR											
No. of HH	51	17	16	9	6	6	2	33	15	8	107
Fruits (Total)	7	2	9	*	-	-	-	6	*	-	5
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	-	-	-	-	-	-	-
Meat	-	-	-	-	-	29	-	-	-	22	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	-	-	29	-	-	-	22	2

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: TUMKUR.											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Milk (Total)	30	28	59	74	155	-	-	41	111	-	45
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	2	2	7	8	13	-	-	4	10	-	4
Fats & Oils (Total)	2	2	7	8	13	-	-	4	10	-	4
Sugar	2	-	3	11	39	-	-	1	24	-	5
Jaggery	13	19	28	22	3	-	-	23	13	-	17
Total (S & J)	15	19	31	33	42	-	-	24	37	-	22
DISTRICT: NORTH KANARA											
No. of HH	20	10	5	3	3	-	3	15	6	3	44
Milk (Total)	26	34	81	37	186	-	262	50	112	262	62
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	*	3	*	27	6	-	30	2	16	30	5
Fats & Oils (Total)	*	3	*	27	6	-	30	2	16	30	5
Sugar	6	12	8	62	25	-	37	11	43	37	15
Jaggery	2	8	10	-	-	-	27	9	-	27	6
Total (S & J)	8	20	18	62	25	-	64	20	43	54	21

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KARNATAKA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: GULBURGA.											
No. of HH	33	23	6	10	6	1	-	29	16	1	79
Milk (Total)	6	21	62	58	89	370	-	30	70	370	32
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	1	5	5	8	11	18	-	5	9	18	5
Fats & Oils (Total)	1	5	5	8	11	18	-	5	9	18	5
Sugar	8	13	24	13	34	74	-	15	21	74	14
Jaggery	1	*	-	3	-	-	-	*	2	-	1
Total (S & J)	9	13	24	16	34	74	-	15	23	74	15
DISTRICT: DHARWAR.											
No. of HH	51	17	16	9	6	6	2	33	35	8	107
Milk (Total)	25	65	96	206	205	509	511	81	205	509	104
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	2	-	2	-	5	*	*	1	*
Hydrogenated oil	-	-	*	-	-	-	-	*	-	-	-
Cooking oil	4	6	7	12	13	14	44	7	12	23	7
Fats & Oils (Total)	4	6	9	12	15	14	49	8	12	23	7
Sugar	8	12	24	31	41	42	82	18	35	52	18
Jaggery	19	17	12	10	7	1	-	15	9	*	15
Total (S & J)	27	29	36	41	48	43	82	33	44	52	33

NHMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : NIZAMABAD.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	18	-	62	-	-	-	-	34	-	-	19
Maize	60	176	38	-	-	-	-	101	-	-	61
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	498	452	563	597	657	-	691	513	627	691	520
Wheat	-	21	-	32	-	-	-	10	16	-	4
Others	1	-	-	-	-	-	-	-	-	-	*
TOTAL	577	649	663	629	657	-	691	658	643	691	604
DISTRICT : MEDAK											
No. of HH	39	13	2	5	2	3	-	15	7	3	64
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	251	81	-	331	573	508	-	71	400	508	237
Maize	7	10	-	-	-	-	-	9	-	-	6
Ragi	2	3	-	-	-	-	-	3	-	-	2
Rice	317	54	514	332	149	244	-	503	280	244	353
Wheat	-	13	-	-	-	25	-	12	-	25	4
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	577	608	514	663	722	777	-	598	680	777	602

NHMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Bajra	52	43	62	58	-	-	-	49	31	-	45
Jowar	8	-	-	-	-	-	-	-	-	-	5
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	42	60	-	173	56	20	-	41	119	17	62
Rice	296	391	461	510	734	483	348	413	614	460	376
Wheat	1	20	11	-	-	79	-	17	-	66	8
Others	37	60	-	146	-	16	-	41	78	14	42
TOTAL	436	574	534	887	790	598	348	561	842	557	528
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Bajra	40	43	-	-	18	-	-	25	10	-	26
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	71	19	18	5	61	144	52	18	36	103	52
Rice	461	533	482	508	535	505	703	512	523	593	501
Wheat	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	572	595	500	513	614	649	755	555	569	696	579

NNMB-AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : NIZAMA BAD.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Bengalgram	1	-	-	-	-	-	-	-	-	-	*
Blackgram	2	-	-	-	13	-	-	-	6	-	2
Greengram	7	4	17	18	7	-	-	11	12	-	8
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	16	17	29	22	27	-	-	24	25	-	19
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	*	-	-	-	-	-	-	-	-	-	*
TOTAL	26	21	46	40	47	-	-	35	43	-	29
DISTRICT : MEDAK.											
No. of HH	39	13	2	5	2	3	-	15	7	3	64
Bengalgram	*	5	-	-	21	7	-	4	6	7	2
Blackgram	-	-	-	-	-	-	-	-	-	-	-
Greengram	2	-	-	11	-	-	-	-	7	-	2
Khesari dal	*	-	-	-	-	-	-	-	-	-	*
Lentil	1	2	-	-	-	-	-	1	-	-	1
Redgram	13	9	14	37	42	28	-	10	39	28	16
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	2	-	-	-	-	-	-	-	-	-	1
TOTAL	18	16	14	48	63	35	-	15	52	35	23

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Bengalgram	-	-	4	7	-	-	-	1	4	-	*
Blackgram	-	5	-	-	16	-	-	3	7	-	2
Greengram	2	9	13	12	8	-	-	10	10	-	5
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	7	5	32	10	13	-	-	13	11	-	9
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	1	6	-	12	11	-	-	4	12	-	3
TOTAL	10	25	49	41	48	-	-	31	44	-	19
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Bengalgram	11	-	5	-	-	-	-	2	-	-	5
Blackgram	-	-	4	10	5	35	8	2	7	23	4
Greengram	-	-	-	-	-	-	8	-	-	4	*
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	12	25	21	43	35	66	19	23	39	45	23
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	22	11	7	9	3	17	24	10	6	20	15
TOTAL	45	36	37	62	43	118	59	37	52	92	47

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.4	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : NIZAMA BAZ.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Leafy Veg.	5	-	-	5	50	-	127	-	27	127	9
Other Veg.	36	37	53	31	33	-	-	46	32	-	37
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	10	21	13	10	17	-	21	17	14	21	12
Potato	-	-	-	-	-	-	-	-	-	-	-
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	10	21	13	10	17	-	21	17	14	21	12
DISTRICT : MEDAK.											
No. of HH	39	13	2	5	2	3	-	15	7	3	64
Leafy Veg.	4	-	-	-	-	-	-	-	-	-	4
Other Veg.	13	19	41	17	-	-	-	22	12	-	14
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	17	22	19	15	31	50	-	22	19	50	20
Potato	-	15	-	-	-	-	-	13	-	-	3
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	17	37	19	15	31	50	-	35	19	50	23

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Leafy Veg.	4	-	10	17	-	-	-	3	9	-	4
Other Veg.	23	27	51	73	71	98	-	34	72	82	36
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	14	21	27	37	34	48	26	23	35	44	21
Potato	2	-	-	-	13	33	-	-	6	27	4
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	16	21	27	37	47	81	26	23	41	71	25
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Leafy Veg.	3	4	-	6	8	-	-	4	7	-	8
Other Veg.	13	29	5	26	39	48	21	19	33	26	20
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	12	17	19	23	16	21	36	18	19	28	17
Potato	-	3	-	24	8	-	28	2	15	13	4
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	-	3	-	-	-	8	-	2	-	5	1
Total (R & T)	12	23	19	47	24	29	64	22	34	46	22

NINMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH.

PER CAPITA DAILY INCOME (Rupees)

FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	TOTAL
DISTRICT : NIZAMA BAD.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	-	*	-	-	-	3	*	-	3	*
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	*	-	-	-	-	-	*	-	-	-
TOTAL	*	*	* //	-	-	-	3	*	-	3	*
COND. & SPICES	25	24	23	36	14	-	19	23	25	19	25

DISTRICT : MEDAK.

No. of HH	39	13	2	5	2	3	-	15	7	3	64
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	*	-	-	-	-	*	-	-
Coconut, fresh	-	-	-	-	21	-	-	-	6	-	*
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	*	21	-	-	-	6	-	*
COND. & SPICES	26	24	17	22	24	49	-	23	23	49	26

NINMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

PER CAPITA DAILY INCOME (Rupees)

FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	TOTAL
DISTRICT : VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	1	-	-	-	-	-	-	-	-	-	*
Others	*	-	-	-	-	*	-	-	-	*	*
TOTAL	1	-	-	-	-	*	-	-	-	*	*
COND. & SPICES	17	21	20	31	36	15	30	20	34	18	20

DISTRICT : CHITTOOR

No. of HH	38	17	12	7	9	5	4	29	16	9	92
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	3	*	-	-	2	*
Coconut, fresh	-	-	*	-	-	-	-	*	-	-	-
Groundnut	18	31	26	5	24	46	67	29	15	56	25
Others	-	2	-	*	4	1	*	1	2	1	*
TOTAL	18	33	26	5	28	50	67	30	17	59	25
COND. & SPICES	24	27	22	27	27	36	35	25	27	36	26

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-3	>5	TOTAL
DISTRICT : NIZAMABAD.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Fruits (Total)	14	22	58	9	65	-	32	41	37	32	23
Fish, Fresh	4	-	-	36	-	-	-	-	18	-	3
Fish, Dry	4	-	-	-	-	-	-	-	-	-	4
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	4	-	-	36	-	-	-	-	18	-	3
Meat	3	10	12	-	-	-	127	11	-	127	7
Chicken	1	-	-	-	-	-	-	-	-	-	4
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	4	6	-	-	-	-	-	3	-	-	4
Total (Other flesh foods)	4	16	12	-	-	-	127	14	-	127	7
DISTRICT : MEDAK											
No. of HH	39	13	2	5	2	3	-	15	7	3	64
Fruits (Total)	18	20	20	-	-	133	-	20	-	123	22
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	4	-	-	-	-	-	-	-	-	-	4
Total (Fish)	4	-	-	-	-	-	-	-	-	-	4
Meat	-	-	-	17	-	-	-	-	12	-	1
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	4	-	-	-	22	-	-	-	6	-	4
Total (Other flesh foods)	4	-	-	17	22	-	-	-	18	-	1

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-3	>5	TOTAL
DISTRICT : VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Fruits (Total)	-	-	18	14	-	28	-	6	8	23	4
Fish, Fresh	2	11	-	-	61	-	20	8	28	13	8
Fish, Dry	4	8	-	19	-	-	-	5	10	-	3
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	2	19	-	19	61	-	20	13	38	13	11
Meat	4	-	4	-	-	12	-	1	-	10	1
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	5	8	-	-	2	6	4
Total (Other flesh foods)	4	-	4	-	5	20	-	1	2	16	1
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Fruits (Total)	8	11	1	-	33	8	93	7	19	46	13
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	8	-	-	-	-	3	-	4
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	8	-	-	-	-	3	-	4
Meat	4	-	-	-	-	66	-	-	-	37	4
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	4	-	-	-	-	66	-	-	-	37	4

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
ANDHRA PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : NIZAMABAD.											
No. of HH	33	5	6	3	3	-	1	11	6	1	51
Milk (Total)	25	121	57	181	258	-	195	86	220	195	64
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	*	-	-	-	-	*	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	6	10	10	9	7	-	12	10	8	12	7
Fats & Oils (Total)	6	10	10	9	7	-	12	10	8	12	7
Sugar	4	7	10	8	6	-	4	9	7	4	5
Jaggery	-	3	-	-	-	-	-	1	-	-	*
Total (S & J)	4	10	10	8	6	-	4	10	7	4	5
DISTRICT : MEDAK.											
No. of HH	39	13	2	5	2	3	-	15	7	3	64
Milk (Total)	14	63	161	105	251	334	-	76	147	334	58
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	*	-	-	-	-	-	*	-	-	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	2	6	5	4	7	6	-	6	5	6	4
Fats & Oils (Total)	2	6	5	4	7	6	-	6	5	6	4
Sugar	1	5	8	3	18	17	-	5	8	17	4
Jaggery	*	-	3	*	-	-	-	*	-	-	*
Total (S & J)	1	5	11	3	18	17	-	5	8	17	4

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
ANDHRA PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT VISAKHAPATNAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Milk (Total)	19	18	130	188	197	334	156	53	192	304	69
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	*	-	9	-	-	*	7	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	5	4	11	12	16	52	15	7	14	46	9
Fats & Oils (Total)	5	4	11	12	16	61	15	7	14	53	9
Sugar	2	4	8	5	14	21	6	5	9	18	4
Jaggery	*	-	*	-	-	*	-	*	-	*	*
Total (S & J)	2	4	8	5	14	21	6	5	9	18	4
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Milk (Total)	21	40	87	187	216	158	543	59	203	329	95
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	*	-	16	-	*	7	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	5	7	8	18	14	31	13	8	16	23	10
Fats & Oils (Total)	5	7	8	18	14	31	29	8	16	30	10
Sugar	*	2	6	17	25	36	28	4	22	33	8
Jaggery	*	-	-	-	1	5	-	-	*	3	*
Total (S & J)	1	2	6	17	26	41	28	4	22	36	9

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : AHAMADNAGAR											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Bajra	116	206	174	76	116	-	153	195	76	51	129
Jowar	296	254	278	354	288	247	82	262	321	192	290
Maize	1	-	-	-	-	-	-	-	-	-	*
Ragi	6	-	-	21	-	-	-	-	10	-	5
Rice	19	21	15	22	59	26	13	19	41	21	22
Wheat	28	33	38	51	78	128	249	35	65	169	38
Others	5	*	-	5	4	-	-	*	5	-	4
TOTAL	471	514	505	529	445	401	497	511	538	433	488
DISTRICT : KOLABA											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Bajra	10	-	-	-	-	-	-	-	-	-	7
Jowar	173	162	-	-	-	76	-	150	-	765	154
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	42	47	-	162	548	-	-	44	260	-	54
Rice	115	227	439	256	459	449	-	244	306	449	163
Wheat	56	78	50	107	-	76	-	76	80	76	62
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	396	514	489	527	1007	601	-	514	646	601	440

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	371	450	585	357	539	286	389	490	466	325	409
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	8	-	39	4	22	14	43	12	14	25	12
Wheat	74	50	42	49	20	108	115	48	32	110	64
Others	19	22	-	-	-	-	-	15	-	-	11
TOTAL	472	522	666	410	581	408	547	565	512	460	496
DISTRICT : NAGPUR.											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	334	284	290	-	-	-	-	286	-	-	230
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	223	215	75	235	142	417	300	174	201	372	206
Wheat	34	116	168	307	22	308	175	131	277	263	136
Others	2	-	-	-	-	-	-	-	-	-	*
TOTAL	593	615	533	542	365	725	475	591	478	641	572

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : AHMADNAGAR.											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Bengalgram	5	4	5	14	9	-	-	4	12	-	6
Blackgram	3	3	4	2	-	-	-	4	1	-	3
Greengram	*	-	1	7	-	-	-	*	3	-	1
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	7	*	9	-	4	53	-	3	2	35	6
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	21	30	-	7	24	-	-	19	15	-	19
TOTAL	37	38	19	30	37	53	-	31	33	35	35
DISTRICT : KOLABA											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Bengalgram	*	*	-	14	-	-	-	*	10	-	1
Blackgram	2	4	-	-	-	-	-	4	-	-	2
Greengram	*	3	-	-	-	-	-	2	-	-	*
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	*	-	-	-	-	-	-	-	-	-	*
Redgram	3	2	-	13	-	21	-	2	10	21	4
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	7	5	53	14	34	22	-	9	19	22	8
TOTAL	13	15	53	41	34	43	-	18	39	43	16

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Bengalgram	*	9	-	6	19	12	7	6	14	10	6
Blackgram	-	-	-	-	-	-	-	-	-	-	-
Greengram	*	-	1	1	-	9	-	*	*	6	1
Khesari dal	*	8	7	-	15	-	-	8	9	-	4
Lentil	1	6	-	9	-	-	-	4	4	-	2
Redgram	24	19	24	36	37	46	24	20	36	37	28
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	27	42	32	52	71	67	31	39	64	53	41
DISTRICT : NAGPUR											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Bengalgram	6	6	1	11	23	45	-	5	15	30	9
Blackgram	-	4	-	-	*	-	-	3	*	-	1
Greengram	2	-	-	-	3	-	-	-	1	-	*
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	37	26	47	57	41	38	41	32	52	39	38
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	15	4	5	12	3	-	-	4	9	-	8
TOTAL	60	40	53	80	71	83	41	44	77	69	57

NNMB - AVERAGE CONSUMPTION OF VEGETABLES(g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : AHAMADNAGAR.											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Leafy Veg.	17	4	25	28	32	49	-	12	30	33	18
Other Veg.	26	46	49	21	49	20	-	47	35	13	32
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	6	8	20	6	10	12	26	12	8	17	8
Potato	5	12	-	11	-	-	162	8	5	55	7
Tapleca	-	-	-	-	-	-	-	-	-	-	-
Others	-	2	-	3	-	-	-	1	1	-	4
Total (R & T)	11	22	20	20	10	12	190	21	14	72	15
DISTRICT : KOLABA.											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Leafy Veg.	1	-	-	-	-	-	-	-	-	-	1
Other Veg.	26	37	53	77	-	102	-	38	58	102	33
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	6	18	18	24	19	62	-	18	23	62	11
Potato	2	14	27	14	57	-	-	15	25	-	6
Tapleca	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	8	32	45	38	76	62	-	33	48	62	17

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Leafy Veg.	20	16	6	-	15	-	23	11	9	9	15
Other Veg.	28	29	75	25	30	12	57	43	28	29	31
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	3	5	4	6	32	8	3	4	23	6
Potato	-	-	17	-	3	5	7	5	2	6	2
Tapleca	-	-	-	-	-	-	-	-	-	-	-
Others	-	4	-	-	-	-	-	3	-	-	4
Total (R & T)	4	7	22	4	9	37	15	11	6	29	9
DISTRICT : NAGPUR											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Leafy Veg.	11	3	13	12	11	4	14	6	12	7	9
Other Veg.	65	129	121	123	85	77	162	126	109	106	102
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	2	5	4	9	13	3	41	5	10	15	6
Potato	6	5	31	35	23	-	78	13	31	26	15
Tapleca	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	8	10	35	44	36	3	119	18	41	41	21

NMNB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: AHAMAD NAGAR.											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	*	*	-	*	*	5	*	-	2	*
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	1	1	9	8	6	17	6	4	7	13	3
Others	*	-	*	*	*	-	-	-	*	-	*
TOTAL	2	2	9	9	6	18	11	4	7	15	3
COND. & SPICES	9	9	12	13	13	6	4	10	13	5	9
DISTRICT: KOLABA.											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	1	-	1	2	8	-	1	1	8	*
Coconut, fresh	-	-	7	7	-	4	-	*	5	4	*
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	*	1	7	8	2	12	-	2	6	12	1
COND. & SPICES	9	11	25	14	8	21	-	12	12	21	10

NMNB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Cashewnut	*	-	-	-	-	-	3	-	-	1	*
Coconut, dry	-	*	-	*	-	-	1	*	*	*	*
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	1	*	*	*	2	-	3	*	1	1	1
Others	-	-	-	-	-	-	2	-	-	*	*
TOTAL	1	1	*	1	2	-	9	1	1	4	1
COND. & SPICES	8	13	7	10	14	15	14	11	12	15	10
DISTRICT: NAGPUR											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	3	-	-	1	-
Groundnut	3	-	-	4	4	-	-	-	4	-	2
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	3	-	-	4	4	-	3	-	4	1	2
COND. & SPICES	7	15	15	17	17	12	53	15	17	26	14

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-3	>5	
DISTRICT : AHAMADNAGAR											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Fruits (Total)	2	5	6	-	7	-	16	5	5	5	5
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	*	*	>	*	-	-	-	*	*	-	*
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	*	*	-	*	-	-	-	*	*	-	*
Meat	*	-	-	-	-	-	-	-	-	-	*
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	*	-	-	2	-	*	-	-	*	*	*
Total (Other flesh foods)	*	-	-	2	-	*	-	-	*	*	*
DISTRICT : KOLABA											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Fruits (Total)	3	3	-	3	-	2	-	3	2	2	3
Fish, Fresh	2	14	45	6	-	-	-	17	5	-	5
Fish, Dry	2	1	-	-	-	-	-	1	-	-	2
Prawns	10	10	-	-	-	-	-	9	-	-	9
Total (Fish)	14	25	45	6	-	-	-	27	5	-	16
Meat	-	11	-	-	-	-	-	10	-	-	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	11	-	-	-	-	-	10	-	-	2

NMNB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-3	>5	
DISTRICT : PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Fruits (Total)	-	-	-	-	*	2	3	-	-	2	*
Fish, Fresh	-	-	-	-	7	-	-	-	4	-	1
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	7	-	-	-	4	-	1
Meat	-	-	-	-	-	-	-	-	-	-	-
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	*	-	-	-	*	-	-
Total (Other flesh foods)	-	-	-	-	*	-	-	-	*	-	-
DISTRICT : NAGPUR											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Fruits (Total)	16	9	15	30	34	76	-	11	32	51	19
Fish, Fresh	2	-	-	-	-	-	-	-	-	-	*
Fish, Dry	*	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	2	-	-	-	-	-	-	-	-	-	*
Meat	-	7	-	-	-	-	312	5	-	104	8
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	-	-	-	-	-	*	-	-	*
Total (Other flesh foods)	-	8	-	-	-	-	312	5	-	104	8

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : AHMADNAGAR											
No. of HH	75	18	10	9	9	2	1	28	18	3	124
Milk (Total)	67	99	193	165	284	165	290	133	225	190	108
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	*	-	3	*	-	-	-	*	*	-	*
Hydrogenated oil	*	1	-	-	-	-	-	*	-	-	*
Cooking oil	7	8	13	10	18	20	21	10	14	20	9
Fats & Oils (Total)	7	9	16	11	18	20	21	12	14	20	10
Sugar	11	7	21	20	25	26	82	12	22	44	13
Jaggery	10	20	9	19	-	-	-	16	10	-	11
Total (S & J)	21	27	30	39	25	26	82	28	32	44	24
DISTRICT : KOLABA											
No. of HH	45	12	1	3	1	2	-	13	4	2	64
Milk (Total)	17	61	37	55	-	403	-	78	41	403	43
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	11	-	-	-	11	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	3	10	36	20	24	14	-	12	21	14	6
Fats & Oils (Total)	3	10	36	20	24	25	-	12	21	25	6
Sugar	3	9	-	13	-	49	-	9	10	50	6
Jaggery	14	27	53	30	73	32	-	29	41	32	19
Total (S & J)	17	36	53	43	73	81	-	38	51	82	25

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
MAHARASHTRA.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : PARBHANI											
No. of HH	47	12	5	10	15	8	5	17	25	13	102
Milk (Total)	60	72	115	224	256	294	262	85	243	282	137
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	*	*	1	6	-	*	3	*
Hydrogenated oil	-	-	-	-	*	-	6	-	*	2	*
Cooking oil	5	7	7	8	16	13	14	7	13	14	8
Fats & Oils (Total)	5	7	7	9	17	14	26	7	14	19	9
Sugar	4	9	3	19	33	36	32	7	27	34	14
Jaggery	13	18	17	11	7	5	4	18	9	5	12
Total (S & J)	17	27	20	30	40	41	36	25	36	39	26
DISTRICT : NAGPUR											
No. of HH	18	17	7	7	4	2	1	24	11	3	56
Milk (Total)	54	55	65	45	107	287	625	58	68	400	77
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	2	1	-	-	-	*	*	-	*
Hydrogenated oil	*	-	-	-	-	15	-	-	-	10	*
Cooking oil	12	14	23	21	26	4	106	16	23	38	18
Fats & Oils (Total)	13	14	25	22	26	19	106	17	24	48	19
Sugar	-	15	24	21	~	54	62	17	21	57	15
Jaggery	16	14	-	14	1	-	-	10	10	-	11
Total (S & J)	16	29	24	35	24	54	62	27	31	57	26

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION(g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : BANASKANTHA.											
No. of HH	31	29	20	18	8	2	-	49	26	2	108
Bajra	-	30	21	94	98	17	-	26	96	17	35
Jowar	15	20	-	-	16	-	-	12	5	-	11
Maise	10	-	8	-	-	-	-	3	-	-	4
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	-	5	-	23	12	112	-	3	20	112	8
Wheat	382	366	387	319	284	281	-	375	308	281	359
Others	4	39	4	-	-	-	-	25	-	-	12
TOTAL	411	460	420	436	410	410	-	444	429	410	429
DISTRICT : AHMADABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Bajra	53	106	-	125	84	38	10	68	108	49	75
Jowar	89	79	-	4	-	-	46	50	2	17	39
Maise	5	-	-	-	-	-	-	-	-	-	1
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	7	6	62	58	58	107	58	27	58	89	40
Wheat	231	238	305	216	197	263	135	262	208	216	238
Others	19	-	-	-	2	-	-	-	*	-	4
TOTAL	404	429	367	403	341	408	309	407	376	371	392

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	189	144	156	215	161	134	290	149	187	180	177
Maise	-	-	-	-	-	-	-	-	-	-	-
Ragi	15	-	-	-	-	-	-	-	-	-	5
Rice	169	186	163	80	75	140	183	176	78	152	145
Wheat	33	61	47	80	82	147	63	55	81	122	66
Others	53	7	5	-	19	-	8	6	10	2	22
TOTAL	459	398	371	375	337	421	544	386	356	456	415
DISTRICT : DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maise	-	-	-	-	-	-	-	-	-	-	-
Ragi	315	203	-	-	-	-	-	203	-	-	248
Rice	106	319	-	-	593	-	-	319	593	-	220
Wheat	-	-	-	-	-	-	-	-	-	-	-
Others	38	250	-	-	-	-	-	250	-	-	86
TOTAL	459	772	-	-	593	-	-	772	593	-	554

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : BANASKANTHA											
No. of HH	31	29	20	18	8	2	-	49	26	2	108
Bengalgram	5	*	18	6	-	6	-	7	4	6	6
Blackgram	2	-	*	-	-	-	-	*	-	-	*
Greengram	4	4	4	29	16	-	-	4	25	-	9
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	-	-	-	-	6	-	-	-	2	-	*
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	11	5	22	3	22	6	-	12	31	6	17
DISTRICT : AHMEDABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Bengalgram	3	5	2	2	8	6	12	4	4	8	4
Blackgram	-	-	-	-	*	-	-	-	*	-	*
Greengram	13	2	14	14	3	38	29	6	9	35	12
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	3	2	9	14	21	18	15	4	17	17	10
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	10	-	-	4	*
TOTAL	19	9	25	30	32	62	66	14	30	64	26

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Bengalgram	*	4	3	2	13	3	7	3	8	4	4
Blackgram	9	4	4	-	-	-	-	4	-	-	4
Greengram	6	14	15	7	17	13	24	15	13	16	11
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	9	30	14	12	30	26	41	23	21	31	19
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	8	6	5	6	6	16	30	6	6	20	9
TOTAL	32	58	41	27	66	58	102	51	48	71	47
DISTRICT : DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Bengalgram	2	-	-	-	-	-	-	-	-	-	1
Blackgram	47	79	-	-	-	-	-	79	-	-	49
Greengram	4	-	-	-	-	-	-	-	-	-	2
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	3	-	-	-	51	-	-	-	51	-	8
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	56	79	-	-	51	-	-	79	51	-	60

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : BANASKANTHA.											
No. of HH	31	29	20	18	8	2	-	49	26	2	108
Leafy Veg.	5	2	4	-	-	-	-	3	-	-	3
Other Veg.	6	17	12	33	11	-	-	15	27	-	15
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	12	26	11	16	11	29	-	20	15	29	17
Potato	34	51	75	33	65	41	-	61	43	41	48
Taploca	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	46	77	86	49	76	70	-	81	58	70	65
DISTRICT : AHMADABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Leafy Veg.	4	-	-	-	-	8	11	-	-	9	2
Other Veg.	59	53	32	64	81	33	53	46	71	40	56
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	13	17	4	12	2	17	29	12	8	21	12
Potato	26	33	57	20	45	17	25	42	30	20	32
Taploca	-	-	-	2	-	-	-	-	1	-	*
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	39	50	61	34	47	34	54	54	39	41	44

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Leafy Veg.	7	9	5	8	12	*	-	7	10	*	7
Other Veg.	54	46	59	81	91	94	206	52	86	127	74
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	9	5	14	13	14	11	-	9	14	8	10
Potato	9	35	27	17	10	43	17	32	13	35	20
Taploca	-	-	-	-	-	-	-	-	-	-	-
Others	*	7	-	6	11	29	111	4	9	54	5
Total (R & T)	18	47	41	36	35	83	128	45	36	97	35
DISTRICT : DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Leafy Veg.	-	-	-	-	-	-	-	-	-	-	-
Other Veg.	25	119	-	-	-	-	-	119	-	-	45
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	32	-	-	-	-	-	32	-	-	11
Potato	-	-	-	-	-	-	-	-	-	-	-
Taploca	-	-	-	-	-	-	-	-	-	-	-
Others	38	-	-	-	-	-	-	-	-	-	24
Total (R & T)	42	32	-	-	-	-	-	32	-	-	35

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : BANASKANTHA											
No. of HH	31	29	20	18	8	2	-	49	26	2	100
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	*	-	-	-	-	*	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	*	-	-	-	-	*	-	-
COND. & SPICES	5	3	2	*	*	1	-	3	*	1	3
DISTRICT : AHMADABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	1	1	*	-	-	1	*	*
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	1	1	*	-	-	1	*	*
COND. & SPICES	2	4	2	2	2	-	-	3	2	-	2

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	*	-	-	*	1	2	-	-	1	2	*
Others	-	4	-	-	-	-	-	2	-	-	*
TOTAL	*	4	-	*	1	2	-	2	1	2	*
COND. & SPICES	3	1	5	6	4	5	8	3	5	6	4
DISTRICT : DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	6	16	-	-	-	-	-	16	-	-	8

NMMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

GUJARAT

FOODSTUFF	-PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : BANASKANTHA											
No. of HH	31	29	20	18	8	2	-	49	26	2	108
Milk (Total)	163	207	186	283	348	340	-	198	303	340	216
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	1	2	6	15	22	42	-	4	17	42	7
Hydrogenated oil	-	-	-	*	-	-	-	-	*	-	-
Cooking oil	6	13	11	16	18	6	-	12	17	6	11
Fats & Oils (Total)	7	15	17	31	40	48	-	16	34	48	18
Sugar	4	13	21	38	40	25	-	16	39	25	18
Jaggery	25	38	30	31	26	33	-	35	30	33	31
Total (S & J)	29	51	51	69	66	58	-	51	69	58	49
DISTRICT : AHMEDABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Milk (Total)	125	168	200	292	239	282	478	180	271	253	218
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	3	-	5	6	11	21	31	2	8	25	7
Hydrogenated oil	*	-	-	2	-	-	-	-	1	-	*
Cooking oil	18	12	21	25	32	33	40	15	28	36	22
Fats & Oils (Total)	21	12	26	33	43	54	71	17	37	61	29
Sugar	17	12	32	27	36	32	45	19	31	37	25
Jaggery	37	34	27	38	24	47	28	31	32	40	34
Total (S & J)	54	46	59	65	60	79	73	50	63	77	59

NMNB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

GUJARAT.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Milk (Total)	84	148	157	167	295	259	931	152	233	457	202
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	3	3	8	10	18	1	6	13	4
Hydrogenated oil	-	3	-	-	2	5	-	2	1	4	1
Cooking oil	5	13	20	24	28	40	59	16	26	45	20
Fats & Oils (Total)	5	16	23	27	38	55	77	19	33	62	25
Sugar	7	22	29	24	37	47	52	25	31	48	24
Jaggery	2	4	6	8	5	*	3	5	6	1	4
Total (S & J)	9	26	35	32	42	47	55	30	37	49	28
DISTRICT : DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Milk (Total)	16	-	-	-	408	-	-	-	408	-	61
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	6	15	-	-	9	-	-	15	9	-	8
Fats & Oils (Total)	6	15	-	-	9	-	-	15	9	-	8
Sugar	4	-	-	-	20	-	-	-	20	-	5
Jaggery	-	4	-	-	-	-	-	4	-	-	*
Total (S & J)	4	4	-	-	20	-	-	4	20	-	5

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : DEORIA											
No. of HH	77	23	13	7	9	2	-	36	16	2	131
Bajra	15	-	-	-	-	-	-	-	-	-	9
Jowar	12	9	-	-	-	-	-	6	-	-	8
Maize	29	9	-	46	-	-	-	6	20	-	21
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	287	460	582	446	509	649	-	504	482	649	376
Wheat	119	108	111	160	178	-	-	109	170	-	121
Others	83	61	-	-	-	-	-	39	-	-	59
TOTAL	545	647	693	652	687	649	-	664	672	649	594
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	159	160	174	39	139	-	-	167	64	-	151
Wheat	282	265	238	52	278	-	-	251	108	-	245
Others	-	61	-	344	-	-	-	30	258	-	47
TOTAL	441	486	412	435	417	-	-	448	430	-	443

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : MEERUT											
No. of HH	57	24	9	8	-	1	-	33	8	1	99
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	19	-	-	-	-	-	-	-	-	-	11
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	4	18	28	13	-	9	-	20	13	9	11
Wheat	506	572	582	532	-	142	-	575	532	142	527
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	529	590	610	545	-	151	-	595	545	151	549
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	20	-	-	-	-	-	-	-	-	-	13
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	433	232	110	-	-	-	-	294	-	-	280
Wheat	168	213	213	-	-	-	-	213	-	-	185
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	621	548	323	-	-	-	-	507	-	-	578

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : DEORIA											
No. of HH	77	23	13	7	9	2	-	36	16	2	131
Bengalgram	*	-	-	-	-	69	-	-	-	69	1
Blackgram	-	-	3	-	-	-	-	1	-	-	*
Greengram	-	-	-	-	-	-	-	-	-	-	-
Khesari dal	2	2	-	-	-	-	-	1	-	-	1
Lentil	19	-	1	6	-	-	-	*	2	-	12
Redgram	7	22	13	24	75	66	-	19	53	66	17
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	26	5	10	34	50	-	-	7	43	-	22
TOTAL	54	29	27	64	125	135	-	28	98	135	53
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Bengalgram	22	91	-	-	-	-	-	46	-	-	31
Blackgram	4	7	-	-	-	-	-	3	-	-	3
Greengram	-	-	-	-	28	-	-	-	7	-	*
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	5	39	54	60	69	-	-	46	63	-	33
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	5	8	13	13	-	-	-	10	10	-	8
TOTAL	36	145	67	73	97	-	-	105	80	-	76

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : MEERUT											
No. of HH	57	24	9	8	-	1	-	33	8	1	99
Bengalgram	-	3	6	2	-	-	-	4	2	-	1
Blackgram	2	12	14	7	-	19	-	12	7	19	6
Greengram	3	-	-	*	-	5	-	-	*	5	2
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	11	6	-	4	-	-	-	4	4	-	8
Redgram	4	2	-	-	-	-	-	1	-	-	3
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	5	*	-	-	-	-	-	*	-	-	3
TOTAL	25	23	20	13	-	24	-	21	13	24	23
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Bengalgram	2	-	-	-	-	-	-	-	-	-	1
Blackgram	5	12	-	-	-	-	-	10	-	-	7
Greengram	-	-	-	-	-	-	-	-	-	-	-
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	9	11	-	-	-	-	-	17	-	-	12
Redgram	-	-	-	-	-	-	-	-	-	-	-
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	16	33	-	-	-	-	-	27	-	-	20

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : DEORIA											
No. of HH	77	23	13	7	9	2	-	36	16	2	131
Leafy Veg.	3	7	15	-	11	-	-	10	6	-	5
Other Veg.	43	50	24	68	22	114	-	41	42	114	44
ROOTS & TUBERS											
Carrot	3	-	-	-	-	-	-	-	-	-	2
Onion, big	3	2	6	14	5	47	-	4	9	47	4
Potato	153	136	164	84	226	89	-	146	164	89	151
Tapioca	-	-	-	-	-	69	-	-	-	69	1
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	159	138	170	98	231	205	-	150	173	205	158
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Leafy Veg.	-	-	-	-	-	-	-	-	-	-	-
Other Veg.	10	-	13	26	-	-	-	7	19	-	9
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	*	*	-	-	-	-	*	-	-	2
Potato	102	63	176	97	69	-	-	120	90	-	109
Tapioca	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	106	63	176	97	69	-	-	120	90	-	111

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : MEERUT											
No. of HH	37	24	9	8	-	1	-	33	8	1	99
Leafy Veg.	2	-	-	10	-	-	-	-	7	-	2
Other Veg.	41	74	72	88	-	-	-	74	88	-	55
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	4	5	3	-	-	-	4	3	-	4
Potato	21	35	76	37	-	-	-	46	37	-	30
Tapioca	-	-	-	-	-	-	-	-	-	-	-
Others	3	3	*	-	-	-	-	2	-	-	2
Total (R & T)	28	42	81	40	-	-	-	52	40	-	36
DISTRICT : PILIBHIT											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Leafy Veg.	14	24	22	-	-	-	-	31	-	-	21
Other Veg.	29	21	-	-	-	-	-	17	-	-	25
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	2	2	-	-	-	-	-	2	-	-	2
Potato	53	20	64	-	-	-	-	28	-	-	44
Tapioca	-	-	-	-	-	-	-	-	-	-	-
Others	12	-	-	-	-	-	-	-	-	-	7
Total (R & T)	67	22	64	-	-	-	-	30	-	-	53

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./US/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : DEORIA											
No. of HH	77	23	13	7	9	2	-	36	16	2	131
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	3	4	3	7	6	8	-	4	7	8	4
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	4	4	3	3	-	-	-	3	2	-	3

NNMB . AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : MEERUT											
No. of HH	57	24	9	8	-	1	-	22	8	1	99
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	4	3	5	3	-	*	-	4	3	*	4
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	2	1	7	-	-	-	-	2	-	-	2

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : DEORIA											
No. of HH	77	23	13	7	9	2	-	36	16	2	131
Fruits (Total)	3	6	8	4	16	-	-	7	11	-	5
Fish, Fresh	4	4	3	28	-	-	-	4	12	-	5
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	4	4	3	28	-	-	-	4	12	-	5
Meat	-	-	-	3	-	-	-	-	1	-	4
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	3	-	-	-	-	1	-	4
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Fruits (Total)	-	-	1	-	55	-	-	4	14	-	2
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	-	-	-	-	-	-	-
Meat	5	-	-	-	-	-	-	-	-	-	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	5	-	-	-	-	-	-	-	-	-	2

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS
OF **UTTAR PRADESH.**

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : MEE RUT											
No. of HH	57	24	9	8	-	1	-	33	8	1	99
Fruits (Total)	-	-	-	-	-	-	-	-	-	-	-
Fish, Fresh	-	-	-	-	-	-	-	-	-	-	-
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	-	-	-	-	-	-	-	-	-	-	-
Meat	3	19	16	-	-	-	-	14	-	-	6
Chicken	3	-	-	-	-	-	-	-	-	-	2
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	6	13	16	-	-	-	-	14	-	-	8
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Fruits (Total)	-	-	-	-	-	-	-	-	-	-	-
Fish, Fresh	3	-	20	-	-	-	-	4	-	-	3
Fish, Dry	-	-	-	-	-	-	-	-	-	-	-
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	3	-	20	-	-	-	-	4	-	-	3
Meat	4	7	22	-	-	-	-	10	-	-	6
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	5	-	-	-	-	-	4	-	-	2
Total (Other flesh foods)	4	12	22	-	-	-	-	14	-	-	8

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : DEORIA											
No. of HH	17	23	13	7	9	2	-	36	16	2	131
Milk (Total)	4	7	-	71	53	45	-	4	61	45	18
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	*	-	*	-	1	-	*	*	1	*
Hydrogenated oil	*	*	2	-	1	-	-	1	*	-	*
Cooking oil	1	2	1	8	5	9	-	1	6	9	2
Fats & Oils (Total)	1	2	3	8	6	10	-	2	6	10	2
Sugar	-	*	-	-	3	22	-	*	2	22	*
Jaggery	1	-	-	-	-	-	-	-	-	-	*
Total (S & J)	1	*	-	-	3	22	-	*	2	22	*
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Milk (Total)	22	40	-	-	-	-	-	20	-	-	18
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	*	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	2	-	-	-	-	2	-	*
Cooking oil	3	*	2	3	-	-	-	2	2	-	2
Fats & Oils (Total)	3	*	2	5	-	-	-	2	4	-	2
Sugar	8	-	-	-	-	-	-	-	-	-	3
Jaggery	-	-	-	-	-	-	-	-	-	-	-
Total (S & J)	8	-	-	-	-	-	-	-	-	-	3

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : MEERUT											
No. of HH	57	24	9	8	-	1	-	33	8	1	99
Milk (Total)	86	190	225	222	-	472	-	156	222	472	124
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	*	*	*	*	-	-	-	*	*	-	*
Hydrogenated oil	-	1	2	-	-	-	-	1	-	-	*
Cooking oil	1	2	3	3	-	-	-	2	3	-	2
Fats & Oils (Total)	1	3	5	3	-	-	-	3	3	-	2
Sugar	-	7	10	15	-	94	-	8	15	94	5
Jaggery	4	4	9	19	-	-	-	5	19	-	6
Total (S & J)	4	11	19	34	-	94	-	13	34	94	11
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Milk (Total)	10	22	-	-	-	-	-	18	-	-	13
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	2	*	4	-	-	-	-	1	-	-	2
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	2	3	6	-	-	-	-	2	-	-	3
Fats & Oils (Total)	4	3	10	-	-	-	-	4	-	-	5
Sugar	-	5	-	-	-	-	-	4	-	-	2
Jaggery	-	3	-	-	-	-	-	3	-	-	1
Total (S & J)	-	8	-	-	-	-	-	7	-	-	3

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : PURULIA											
No. of HH	73	16	4	2	2	-	-	20	4	-	97
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	2	-	-	-	-	-	-	-	-	-	2
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	405	555	586	501	476	-	-	561	489	-	440
Wheat	43	49	182	182	251	-	-	75	216	-	57
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	450	604	768	683	727	-	-	636	705	-	499
DISTRICT : COOCH BEHAR											
No. of HH	47	22	4	9	2	-	-	26	11	-	84
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	243	499	596	792	939	-	-	514	818	-	402
Wheat	37	6	-	41	-	-	-	5	33	-	27
Others	205	111	33	-	-	-	-	99	-	-	146
TOTAL	485	616	629	833	939	-	-	618	851	-	575

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : HOWRAH											
No. of HH	10	6	1	6	-	-	-	7	6	-	23
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	248	185	308	292	-	-	-	202	292	-	246
Wheat	254	256	345	228	-	-	-	268	228	-	252
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	502	441	653	520	-	-	-	470	520	-	498
DISTRICT : FARJELING											
No. of HH	17	12	12	1	1	1	-	24	2	1	44
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	50	25	8	-	-	-	-	17	-	-	29
Ragi	-	-	-	-	167	-	-	-	82	-	4
Rice	247	360	261	255	271	156	-	311	282	156	281
Wheat	173	290	304	447	-	208	-	297	224	208	244
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	470	675	573	705	476	364	-	625	589	364	558

NNMB - AVERAGE PULSE CONSUMPTION (g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : PURULIA											
No. of HH	73	16	4	2	2	—	—	20	4	—	97
Bengalgram	—	—	—	—	—	—	—	—	—	—	—
Blackgram	1	4	—	—	—	—	—	3	—	—	2
Greengram	—	1	—	—	—	—	—	*	—	—	*
Khesari dal	—	—	—	—	—	—	—	—	—	—	—
Lentil	3	7	12	—	28	—	—	8	14	—	4
Redgram	3	10	—	21	25	—	—	8	23	—	5
Soyabean	—	—	—	—	—	—	—	—	—	—	—
Others	—	—	—	—	—	—	—	—	—	—	—
TOTAL	7	22	12	21	53	—	—	19	37	—	11
DISTRICT : COOCH BEHAR											
No. of HH	47	22	4	9	2	—	—	26	11	—	84
Bengalgram	—	—	—	—	—	—	—	—	—	—	—
Blackgram	—	—	—	—	—	—	—	—	—	—	—
Greengram	—	—	—	3	—	—	—	—	2	—	*
Khesari dal	7	17	8	4	—	—	—	15	3	—	9
Lentil	6	13	10	32	74	—	—	12	40	—	12
Redgram	1	—	—	—	—	—	—	—	—	—	*
Soyabean	—	—	—	—	—	—	—	—	—	—	—
Others	—	—	—	—	—	—	—	—	—	—	—
TOTAL	14	30	18	39	74	—	—	27	45	—	21

NNMB - AVERAGE PULSE CONSUMPTION (g/CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT : HOWRAH											
No. of HH	10	6	1	6	—	—	—	7	6	—	23
Bengalgram	5	—	—	—	—	—	—	—	—	—	2
Blackgram	—	—	17	—	—	—	—	3	—	—	*
Greengram	—	—	17	3	—	—	—	3	3	—	2
Khesari dal	*	—	—	—	—	—	—	—	—	—	*
Lentil	14	3	—	35	—	—	—	3	35	—	16
Redgram	—	—	—	—	—	—	—	—	—	—	—
Soyabean	—	—	—	—	—	—	—	—	—	—	—
Others	—	—	—	—	—	—	—	—	—	—	—
TOTAL	19	3	38	33	—	—	—	9	38	—	20
DISTRICT : DARJEELING											
No. of HH	17	12	12	1	1	1	—	24	2	1	44
Bengalgram	—	—	42	—	—	—	—	21	—	—	11
Blackgram	—	—	2	—	—	26	—	*	—	26	1
Greengram	—	—	—	—	—	—	—	—	—	—	—
Khesari dal	—	—	—	—	—	—	—	—	—	—	—
Lentil	5	14	11	38	—	—	—	12	19	—	10
Redgram	2	—	2	—	—	—	—	1	—	—	1
Soyabean	—	—	—	—	—	—	—	—	—	—	—
Others	—	—	—	—	67	—	—	—	33	—	1
TOTAL	7	14	57	38	67	26	—	34	52	26	24

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: PURULIA											
No. of HH	73	16	4	2	2	-	-	20	4	-	97
Leafy Veg.	45	54	72	40	44	-	-	58	42	-	47
Other Veg.	15	24	129	-	172	-	-	45	86	-	24
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	4	-	-	17	-	-	-	-	9	-	3
Potato	38	78	81	278	216	-	-	78	247	-	55
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
Total (R & T)	42	78	81	295	216	-	-	78	256	-	58
DISTRICT: COOCH BEHAR											
No. of HH	47	22	4	9	2	-	-	26	11	-	84
Leafy Veg.	77	74	33	46	-	-	-	68	37	-	69
Other Veg.	49	78	3	172	276	-	-	66	191	-	73
ROOTS & TUBERS											
Carrot	*	-	-	-	-	-	-	-	-	-	*
Onion, big	1	2	6	3	18	-	-	3	6	-	2
Potato	7	27	20	44	-	-	-	26	36	-	17
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	1	-	16	6	-	-	-	2	5	-	2
Total (R & T)	9	29	42	53	18	-	-	31	47	-	21

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
DISTRICT: HOWRAH											
No. of HH	10	6	1	6	-	-	-	7	6	-	23
Leafy Veg.	11	-	98	-	-	-	-	14	-	-	9
Other Veg.	34	136	81	93	-	-	-	128	93	-	78
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	2	-	-	6	-	-	-	-	6	-	2
Potato	38	93	115	150	-	-	-	96	150	-	85
Yam	-	-	-	-	-	-	-	-	-	-	-
Others	13	16	-	9	-	-	-	14	9	-	12
Total (R & T)	53	109	115	165	-	-	-	110	165	-	99
DISTRICT: DARJEELING											
No. of HH	17	12	12	1	1	1	-	24	2	1	44
Leafy Veg.	19	36	29	-	-	-	-	32	-	-	25
Other Veg.	216	404	344	359	150	65	-	374	504	65	312
ROOTS & TUBERS											
Carrot	-	-	*	-	-	-	-	*	-	-	*
Onion, big	8	5	5	19	-	-	-	5	10	-	6
Potato	50	23	12	-	83	104	-	17	42	104	33
Yam	22	-	-	-	-	-	-	-	-	-	9
Others	18	-	-	-	-	-	-	-	-	-	7
Total (R & T)	98	28	17	19	83	104	-	22	52	104	55

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	TOTAL
DISTRICT: PURULIA											
No. of HH	13	16	4	2	2	-	-	20	4	-	97
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	1	3	1	3	1	-	-	2	2	-	1
DISTRICT: COOCH BEHAR											
No. of HH	47	22	4	9	2	-	-	26	11	-	84
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	*	1	*	2	1	-	-	1	2	-	*

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	TOTAL
DISTRICT: HOWRAH											
No. of HH	10	6	1	6	-	-	-	7	6	-	23
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	*	*	4	3	-	-	-	1	3	-	2
DISTRICT: DARJEE LING											
No. of HH	17	12	12	1	1	1	-	24	2	1	44
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	*	*	*	-	-	-	-	*	-	-	*

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
WEST BENGAL

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
DISTRICT: PURULIA											
No. of HH	73	16	4	2	2	-	-	20	4	-	97
Milk (Total)	8	23	13	-	85	-	-	21	42	-	12
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	3	-	-	-	2	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	3	8	12	23	27	-	-	9	25	-	5
Fats & Oils (Total)	3	8	12	23	30	-	-	9	27	-	5
Sugar	5	11	5	23	-	-	-	9	11	-	6
Jaggery	2	4	4	-	-	-	-	4	-	-	2
Total (S & J)	7	15	9	23	-	-	-	13	11	-	8
DISTRICT: COOCH BEHAR											
No. of HH	47	22	4	9	2	-	-	26	11	-	84
Milk (Total)	15	34	95	76	48	-	-	43	71	-	31
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	3	7	8	12	16	-	-	7	13	-	5
Fats & Oils (Total)	3	7	8	12	16	-	-	7	13	-	5
Sugar	4	4	7	16	35	-	-	5	20	-	6
Jaggery	3	-	3	2	-	-	-	*	2	-	2
Total (S & J)	7	4	10	18	35	-	-	5	22	-	8

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF
WEST BENGAL

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
DISTRICT: HOWRAH											
No. of HH	10	6	1	6	-	-	-	7	6	-	23
Milk (Total)	14	27	-	45	-	-	-	23	45	-	25
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	1	-	-	-	-	1	-	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	7	13	8	20	-	-	-	12	20	-	12
Fats & Oils (Total)	7	13	8	21	-	-	-	12	21	-	12
Sugar	-	-	23	12	-	-	-	3	12	-	4
Jaggery	12	17	11	17	-	-	-	16	17	-	15
Total (S & J)	12	17	34	29	-	-	-	19	29	-	19
DISTRICT: DARJEELING											
No. of HH	17	12	12	1	1	1	-	24	2	1	44
Milk (Total)	25	103	101	256	333	260	-	102	295	260	84
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	-	-	26	-	-	-	26	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	8	12	8	16	20	16	-	10	18	16	10
Fats & Oils (Total)	8	12	8	16	20	42	-	10	18	42	10
Sugar	5	*	3	19	17	26	-	2	18	26	4
Jaggery	-	-	-	-	-	-	-	-	-	-	-
Total (S & J)	5	*	3	19	17	26	-	2	18	26	4

NNMB. AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : TRICHUR											
No. of HH	7	20	19	20	9	2	1	89	29	4	79
Protein (g.)	43.1	43.8	47.1	47.5	53.8	64.8	75.9	43.1	49.1	67.6	47.7
Fat (g.)	24.7	21.2	20.9	20.5	24.5	25.0	29.6	25.9	21.9	28.7	29.7
Calories	1684	1637	1824	1926	2095	2427	2227	1720	1976	2427	1851
Calcium (mg)	226	224	229	298	299	684	472	224	296	621	274
Phosphorus (mg)	1096	1121	1194	1202	1294	1263	1423	1156	1221	1222	1197
Iron (mg)	21.9	21.0	22.8	22.9	24.9	27.5	21.2	21.9	24.2	22.9	22.9
Vitamin A (µg)	66	86	110	166	182	174	416	97	125	225	122
Thiamine (mg)	0.91	1.05	1.01	1.02	0.97	0.91	1.12	1.02	1.00	0.97	1.00
Riboflavin (mg)	0.59	0.62	0.70	0.74	0.76	0.87	1.01	0.69	0.75	0.91	0.71
Niacin (mg)	12.4	12.8	14.1	12.8	12.9	15.7	21.0	12.9	12.2	17.1	14.0
Vitamin C (mg)	45	58	61	66	78	93	24	59	70	76	68
DISTRICT : ALLEPPEY											
No. of HH	2	12	13	21	13	14	2	26	40	16	84
Protein (g.)	29.6	22.4	26.7	44.8	47.7	61.2	79.9	24.6	46.2	63.1	42.5
Fat (g.)	21.0	22.9	25.9	22.7	26.0	43.2	62.4	24.9	24.2	42.1	29.7
Calories	1222	1275	1662	1277	2022	2277	2112	1662	1975	2449	1957
Calcium (mg)	227	243	222	477	449	626	220	264	464	651	462
Phosphorus (mg)	771	260	967	1142	1122	1214	1227	913	1169	1554	1154
Iron (mg)	14.1	16.3	17.0	21.1	22.7	26.6	27.1	16.6	21.9	27.9	21.2
Vitamin A (µg)	43	46	70	96	160	266	745	52	127	326	141
Thiamine (mg)	0.24	0.44	0.20	0.25	0.29	1.12	1.14	0.72	0.27	1.13	0.27
Riboflavin (mg)	0.43	0.62	0.70	0.72	0.77	0.93	1.21	0.67	0.74	0.96	0.76
Niacin (mg)	8.6	9.6	1.02	1.25	1.24	1.64	1.42	0.99	1.25	1.63	1.22
Vitamin C (mg)	27	74	72	68	73	68	59	72	71	67	70

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF KERALA

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT : KOTTAYAM											
No. of HH	10	20	14	20	12	8	2	24	32	10	86
Protein (g.)	29.1	27.0	42.9	47.5	24.9	32.0	62.5	29.9	20.2	24.2	44.2
Fat (g.)	22.2	22.1	26.2	27.9	42.5	49.9	44.4	25.6	22.4	22.2	21.0
Calories	1411	1772	1925	1249	2106	2207	2422	1229	1945	2226	1826
Calcium (mg)	227	445	429	541	562	640	722	462	249	656	522
Phosphorus (mg)	765	977	1072	1122	1224	1211	1422	1012	1122	1222	1022
Iron (mg)	14.9	17.9	21.6	22.2	24.7	21.5	24.2	19.4	22.2	22.1	20.6
Vitamin A (µg)	91	67	22	96	171	127	244	72	124	192	129
Thiamine (mg)	0.25	0.21	0.97	1.02	1.01	0.20	0.70	0.22	1.01	0.72	0.29
Riboflavin (mg)	0.27	0.74	0.77	0.72	0.77	0.92	0.21	0.76	0.74	0.90	0.75
Niacin (mg)	2.2	10.2	12.1	12.2	12.2	11.7	12.1	11.2	12.2	12.0	11.2
Vitamin C (mg)	64	22	22	60	52	72	20	24	27	62	70
DISTRICT : KOZHIKODE											
No. of HH	9	22	12	12	10	9	-	26	22	2	76
Protein (g.)	27.2	41.4	26.5	49.2	47.2	32.4	-	29.6	42.9	22.4	42.2
Fat (g.)	22.2	21.2	27.1	42.4	42.7	52.2	-	29.2	42.2	22.2	22.1
Calories	1672	2022	1622	2124	2122	2212	-	1912	2122	2212	2212
Calcium (mg)	415	212	221	267	654	214	-	216	299	214	246
Phosphorus (mg)	772	1022	922	1229	1122	1224	-	1040	1222	1224	1022
Iron (mg)	12.6	12.9	16.2	20.2	20.2	22.1	-	12.2	20.6	22.1	12.7
Vitamin A (µg)	47	94	69	111	121	142	-	22	112	142	92
Thiamine (mg)	0.61	0.79	0.77	0.91	0.69	0.74	-	0.72	0.22	0.74	0.72
Riboflavin (mg)	0.71	0.20	0.72	0.24	0.21	0.92	-	0.77	0.22	0.92	0.79
Niacin (mg)	2.2	11.2	9.2	12.1	10.2	11.5	-	10.9	12.2	11.5	11.1
Vitamin C (mg)	102	27	71	60	21	102	-	22	67	102	20

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : TUMKUR											
No. of HH	47	21	15	7	6	-	-	36	13	-	96
Protein (g.)	62.6	62.5	69.1	60.0	68.4	-	-	65.2	62.9	-	64.2
Fat (g.)	12.5	14.0	22.6	20.7	22.3	-	-	18.0	26.5	-	16.9
Calories	2482	2504	2720	2591	2860	-	-	2538	2715	-	2580
Calcium (mg)	1868	1791	1846	1578	1455	-	-	1811	1521	-	1800
Phosphorus (mg)	1920.5	1892.0	2022	1752	1871	-	-	1931	1807	-	1916
Iron (mg)	46.2	46.2	49.6	42.2	39.7	-	-	47.6	41.1	-	46.1
Vitamin A (μg)	180	150	170	265	196	-	-	159	222	-	179
Thiamine (mg)	2.56	2.48	2.69	1.98	2.06	-	-	2.56	2.02	-	2.49
Riboflavin (mg)	1.23	1.20	1.32	1.13	1.22	-	-	1.26	1.17	-	1.28
Niacin (mg)	10.5	10.8	12.2	11.0	12.7	-	-	11.4	11.8	-	11.0
Vitamin C (mg)	12	10	13	18	25	-	-	11	21	-	13
DISTRICT : GULBURGA											
No. of HH	23	23	6	10	6	1	-	29	16	1	79
Protein (g.)	82.4	106.2	117.1	108.4	120.6	95.3	-	108.5	112.9	95.2	98.2
Fat (g.)	17.2	22.5	27.1	27.9	35.0	51.0	-	24.2	30.5	51.0	22.9
Calories	2528	2392	2581	2252	2889	2225	-	2296	2491	2225	2015
Calcium (mg)	483	420	471	489	580	958	-	431	522	958	478
Phosphorus (mg)	1690	2126	2350	2159	2447	2081	-	2172	2267	2081	1989
Iron (mg)	51.8	54.3	58.4	55.1	60.0	428	-	55.2	56.9	432	54.0
Vitamin A (μg)	817	219	214	302	282	275	-	218	295	275	485
Thiamine (mg)	2.66	3.39	3.74	3.37	3.61	2.64	-	2.46	2.46	2.64	3.11
Riboflavin (mg)	1.18	1.28	1.46	1.36	1.52	1.53	-	1.32	1.42	1.53	1.28
Niacin (mg)	21.7	26.8	30.1	27.1	30.4	21.9	-	27.5	28.4	21.9	25.2
Vitamin C (mg)	60	15	23	21	13	18	-	16	18	18	35

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : NORTH KANARA											
No. of HH	20	10	5	3	8	-	3	15	6	2	44
Protein (g.)	55.7	64.1	75.9	88.2	46.9	-	77.2	68.1	52.9	77.2	61.0
Fat (g.)	26.6	34.7	47.2	67.7	32.4	-	75.2	38.8	50.0	75.2	37.2
Calories	2169	2704	2812	2951	1850	-	2469	2741	2400	2469	2484
Calcium (mg)	614	421	600	389	476	-	792	481	422	792	556
Phosphorus (mg)	1211	1427	1760	1377	1076	-	1826	1544	1227	1826	1415
Iron (mg)	26.3	22.9	27.8	27.3	17.3	-	36.8	22.5	22.3	36.8	28.6
Vitamin A (μg)	68	112	207	75	137	-	265	144	106	265	112
Thiamine (mg)	0.87	0.88	1.74	0.83	0.66	-	1.24	1.17	0.74	1.24	0.99
Riboflavin (mg)	0.62	0.65	1.02	0.62	0.67	-	1.16	0.77	0.65	1.16	0.71
Niacin (mg)	12.8	13.6	18.8	14.9	8.8	-	17.6	16.7	11.8	17.6	14.2
Vitamin C (mg)	14	12	42	19	19	-	83	22	19	83	22
DISTRICT : DHARWAR											
No. of HH	51	17	16	9	6	6	2	32	15	8	107
Protein (g.)	88.1	89.4	97.6	124.6	94.1	127.5	198.1	92.4	112.6	145.2	97.4
Fat (g.)	21.0	24.8	22.6	38.8	38.2	56.8	98.2	27.6	38.6	67.1	29.0
Calories	2062	2042	2272	4222	3212	3902	6472	2202	3824	4242	3222
Calcium (mg)	463	427	695	794	642	1241	1595	572	722	1320	599
Phosphorus (mg)	1931	1901	2122	2654	1976	2649	4130	2009	2282	3019	2099
Iron (mg)	50.7	46.9	53.1	60.0	43.7	21.9	83.3	49.9	52.5	59.3	51.5
Vitamin A (μg)	174	205	257	310	244	470	609	230	283	505	232
Thiamine (mg)	2.78	2.53	2.92	2.30	2.48	3.01	4.87	2.72	2.97	3.48	2.84
Riboflavin (mg)	1.12	1.10	1.32	1.65	1.28	1.94	2.78	1.21	1.50	2.15	1.28
Niacin (mg)	23.1	22.0	24.2	29.9	21.7	27.4	42.6	22.1	26.6	31.2	24.2
Vitamin C (mg)	15	12	21	30	23	43	58	17	27	46	19

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : NIZAMBAD											
No. of HH	22	5	6	3	3	-	1	11	6	1	51
Protein (g.)	54.8	69.0	68.2	71.5	70.0	-	87.7	68.5	70.8	87.7	60.3
Fat (g.)	14.5	29.2	22.5	25.7	25.7	-	29.6	25.6	25.7	39.6	18.7
Calories	2292	2719	2770	2705	2805	-	3000	2747	2755	3000	2459
Calcium (mg)	260	681	468	702	762	-	809	865	732	809	457
Phosphorus (mg)	1278	1751	1517	1610	1591	-	1664	1622	1600	1664	1398
Iron (mg)	24.4	25.0	29.3	29.3	33.0	-	41.9	27.4	21.2	41.7	26.2
Vitamin A (μg)	172	238	186	269	677	-	1280	210	473	1280	227
Thiamine (mg)	0.90	1.42	1.19	0.95	0.89	-	0.86	1.30	0.92	0.86	0.99
Riboflavin (mg)	0.59	0.86	0.76	0.93	1.09	-	1.15	0.81	1.01	1.15	0.69
Niacin (mg)	12.1	15.4	16.4	16.1	15.1	-	22.3	16.0	15.6	22.3	14.2
Vitamin C (mg)	22	25	27	24	68	-	98	32	46	98	29
DISTRICT : MEDAK											
No. of HH	39	13	2	5	2	2	-	15	7	3	64
Protein (g.)	56.9	54.6	46.8	77.9	100.2	99.1	-	53.6	84.3	99.1	61.1
Fat (g.)	11.7	16.5	17.1	20.8	46.7	37.8	-	16.5	28.2	37.8	15.9
Calories	2202	2387	2108	2689	2294	2420	-	2350	2862	2420	2265
Calcium (mg)	267	214	415	417	740	968	-	327	509	968	340
Phosphorus (mg)	1254	1274	1112	1634	2165	2241	-	1253	1786	2241	1358
Iron (mg)	29.5	25.8	20.3	35.9	46.4	48.3	-	25.1	38.9	48.3	30.4
Vitamin A (μg)	222	167	277	174	397	1012	-	182	238	1012	251
Thiamine (mg)	1.36	0.94	0.53	1.81	2.72	2.72	-	0.88	2.07	2.72	1.39
Riboflavin (mg)	0.66	0.66	0.65	0.95	1.51	1.65	-	0.65	1.11	1.65	0.76
Niacin (mg)	15.2	14.3	11.0	19.6	22.4	24.9	-	18.8	20.7	24.5	15.9
Vitamin C (mg)	13	20	22	12	12	46	-	21	12	45	16

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF ANDHRA PRADESH

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : VISHAKA PATTANAM											
No. of HH	59	13	6	8	7	5	1	19	15	6	99
Protein (g.)	40.9	60.7	60.5	102.6	89.9	66.5	45.5	60.6	96.7	63.0	54.9
Fat (g.)	12.4	14.8	22.9	37.8	26.0	26.5	28.3	18.2	27.0	76.6	21.8
Calories	1692	2246	2268	3638	2444	2152	1636	2285	3548	2900	2160
Calcium (mg)	418	697	456	1597	1072	843	688	621	1352	817	622
Phosphorus (mg)	999	1406	1366	2445	2246	1668	1011	1392	2259	1559	1300
Iron (mg)	22.7	32.2	26.4	59.4	37.9	27.2	16.5	30.4	49.3	25.4	28.4
Vitamin A (μg)	125	102	225	400	276	314	182	150	342	292	173
Thiamine (mg)	0.88	1.24	0.96	2.36	1.19	1.16	0.39	1.15	1.81	1.04	1.08
Riboflavin (mg)	0.58	0.76	0.86	1.53	1.16	1.19	0.58	0.79	1.36	1.09	0.77
Niacin (mg)	10.0	14.2	12.3	21.5	18.9	16.4	0.4	13.9	20.3	15.2	12.6
Vitamin C (mg)	14	13	31	46	36	50	10	19	41	44	21
DISTRICT : CHITTOOR											
No. of HH	38	17	12	7	9	5	4	29	16	9	92
Protein (g.)	59.8	64.1	55.2	66.4	72.2	108.7	109.9	60.4	69.7	109.2	66.2
Fat (g.)	21.7	29.9	28.3	35.9	44.4	74.1	91.9	29.3	40.7	82.0	33.3
Calories	2404	2375	2253	2525	2962	2706	4222	2441	2775	3936	2630
Calcium (mg)	651	445	442	723	854	1169	1490	444	797	1312	676
Phosphorus (mg)	1374	1403	1201	1401	1673	2198	2492	1320	1552	2329	1482
Iron (mg)	28.4	27.1	22.4	27.1	30.9	41.9	38.1	22.2	29.2	40.2	28.7
Vitamin A (μg)	142	147	121	245	309	253	487	126	281	357	185
Thiamine (mg)	1.18	1.13	0.88	0.85	1.29	2.18	1.99	1.03	1.10	2.10	1.21
Riboflavin (mg)	0.72	0.72	0.62	0.83	1.07	1.33	1.74	0.68	0.97	1.52	0.83
Niacin (mg)	12.8	19.4	16.1	14.3	18.6	28.9	31.0	18.0	16.7	29.8	18.0
Vitamin C (mg)	13	20	9	26	32	28	43	15	29	25	19

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	

DISTRICT : KOLABA

No. of HH	45	12	1	2	1	2	-	12	4	2	64
Protein (g.)	45.5	61.5	62.1	58.6	81.3	79.0	-	61.5	64.2	79.0	81.0
Fat (g.)	10.5	24.0	47.0	34.9	85.7	58.6	-	29.7	24.6	58.6	16.6
Calories	1571	2244	2616	2471	4108	2279	-	2272	2880	3279	1849
Calcium (mg)	414	617	577	924	2107	1000	-	614	1220	1004	924
Phosphorus (mg)	1054	1425	1558	1562	2499	1902	-	1420	1794	1902	1802
Iron (mg)	24.9	31.2	31.6	24.2	61.8	35.4	-	21.4	41.1	32.4	27.4
Vitamin A (μg)	92	122	181	122	90	327	-	122	115	237	108
Thiamine (mg)	1.20	1.21	0.91	1.68	2.83	1.44	-	1.47	1.97	1.44	1.88
Riboflavin (mg)	0.63	0.85	0.65	0.96	1.40	1.34	-	0.84	1.07	1.24	0.72
Niacin (mg)	12.4	16.5	14.0	14.0	16.2	17.4	-	16.9	14.6	17.4	12.4
Vitamin C (mg)	11	19	27	32	14	49	-	20	27	49	16

DISTRICT : AHAMADNAGAR

No. of HH	75	18	10	9	9	2	1	28	18	3	124
Protein (g.)	64.1	71.9	72.0	75.0	81.3	69.0	70.0	71.9	78.1	69.9	68.0
Fat (g.)	25.1	32.4	45.4	36.6	49.9	45.4	50.4	37.0	43.2	47.0	20.9
Calories	2042	2300	2287	2427	2628	2149	2673	2221	2527	2222	2129
Calcium (mg)	436	498	648	686	844	629	891	552	765	623	514
Phosphorus (mg)	1420	1642	1671	1895	1878	1494	1824	1633	1787	1604	1530
Iron (mg)	33.7	36.2	35.9	40.5	38.5	32.6	28.0	36.1	39.5	31.1	35.0
Vitamin A (μg)	297	244	468	452	548	596	203	224	500	465	326
Thiamine (mg)	1.94	2.10	2.18	2.31	2.29	2.06	2.33	2.11	2.20	2.15	2.04
Riboflavin (mg)	1.02	1.22	1.35	1.26	1.51	1.16	1.41	1.27	1.38	1.24	1.13
Niacin (mg)	15.5	16.4	18.0	19.4	19.6	20.2	22.2	16.1	19.5	20.9	16.5
Vitamin C (mg)	23	26	40	32	44	43	36	31	38	40	27

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	

DISTRICT : PARBHANI

No. of HH	47	12	5	10	15	8	5	17	25	13	102
Protein (g.)	60.8	70.2	83.2	65.6	90.2	72.0	80.6	74.1	80.4	75.2	69.7
Fat (g.)	18.0	22.8	25.8	29.7	44.2	39.2	56.7	23.7	38.4	45.9	27.5
Calories	1942	2250	2733	3027	2837	2225	2764	2392	2825	2432	2222
Calcium (mg)	256	407	460	378	759	737	768	422	686	749	498
Phosphorus (mg)	1325	1495	1800	1416	1889	1516	1835	1585	1700	1700	1513
Iron (mg)	24.6	39.7	43.9	29.9	43.3	30.4	39.8	40.9	37.9	34.0	36.4
Vitamin A (μg)	301	299	200	226	408	272	340	270	225	275	314
Thiamine (mg)	2.02	2.28	2.67	2.94	2.60	2.09	2.40	2.40	2.24	2.22	2.19
Riboflavin (mg)	0.91	1.00	1.17	1.05	1.36	1.24	1.39	1.05	1.04	1.20	1.06
Niacin (mg)	17.4	19.0	22.9	15.7	21.5	17.0	21.4	20.1	19.1	18.7	18.5
Vitamin C (mg)	24	23	29	13	27	16	42	25	21	26	24

DISTRICT : NAGPUR

No. of HH	18	17	7	7	4	2	1	24	11	3	56
Protein (g.)	73.7	74.9	74.5	79.0	61.5	97.9	149.0	74.8	72.8	114.9	76.2
Fat (g.)	26.7	27.6	39.1	36.6	40.5	45.3	17.4	31.0	28.0	87.6	34.0
Calories	2272	2627	2523	2717	2060	2560	4220	2618	2478	2782	2622
Calcium (mg)	390	403	457	501	495	813	1530	420	499	1052	460
Phosphorus (mg)	1556	1669	1666	1846	1432	2264	2661	1668	1695	2462	1680
Iron (mg)	37.9	32.1	36.6	36.1	26.4	39.2	28.4	37.7	32.6	32.9	36.8
Vitamin A (μg)	226	208	216	340	312	425	759	229	330	536	272
Thiamine (mg)	1.95	2.08	2.34	2.19	1.70	2.32	2.31	2.15	2.01	2.32	2.07
Riboflavin (mg)	0.94	1.05	1.14	1.22	1.03	1.68	2.12	1.08	1.15	1.83	1.09
Niacin (mg)	19.2	21.2	21.6	24.1	17.6	26.5	39.7	21.3	21.8	30.9	21.2
Vitamin C (mg)	35	47	57	66	51	39	94	50	61	57	48

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GAJARAT.

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: BANASKANTHA											
No. of HH	31	29	30	18	8	2	-	49	26	2	108
Protein (g.)	60.5	64.6	63.9	71.9	68.7	58.6	-	68.8	70.9	58.6	64.7
Fat (g.)	23.9	24.2	25.2	26.8	27.3	27.0	-	24.6	26.1	27.0	26.2
Calories	1899	2169	2193	2487	2489	2419	-	2150	2488	2419	2145
Calcium (mg)	222	611	267	741	227	766	-	593	768	766	618
Phosphorus (mg)	1625	1764	1725	1894	1819	1604	-	1748	1684	1604	1728
Iron (mg)	26.7	31.4	28.4	30.1	28.2	25.9	-	20.2	29.5	25.9	28.9
Vitamin A (µg)	185	184	201	265	230	222	-	191	285	222	214
Thiamine (mg)	2.12	2.28	2.29	2.27	2.14	1.69	-	2.24	2.28	1.69	2.20
Riboflavin (mg)	1.22	1.36	1.31	1.32	1.54	1.30	-	1.34	1.53	1.30	1.35
Niacin (mg)	20.9	21.7	21.5	20.2	18.9	17.4	-	21.6	19.8	17.4	20.9
Vitamin C (mg)	16	22	24	26	31	19	-	23	28	19	22
DISTRICT: AHMADABAD											
No. of HH	19	21	12	17	12	7	4	33	29	11	92
Protein (g.)	57.4	59.7	56.3	65.9	58.1	71.9	69.5	58.4	62.7	70.5	61.0
Fat (g.)	36.4	31.6	42.3	59.3	65.9	77.3	102.7	35.5	62.0	26.9	50.2
Calories	2038	2016	2103	2425	2285	2777	2727	2048	2267	2762	2232
Calcium (mg)	457	427	553	748	624	756	1060	527	701	866	612
Phosphorus (mg)	1475	1568	1485	1704	1469	1773	1697	1538	1607	1746	1571
Iron (mg)	29.8	28.5	24.6	29.3	25.4	32.5	28.5	27.1	27.7	21.0	28.3
Vitamin A (µg)	231	129	669	804	721	800	1103	364	770	910	550
Thiamine (mg)	1.97	1.96	1.84	1.92	1.68	2.05	1.80	1.92	1.82	1.96	1.90
Riboflavin (mg)	1.11	1.23	1.18	1.47	1.23	1.43	1.56	1.21	1.38	1.48	1.28
Niacin (mg)	17.6	17.8	18.5	17.5	15.9	18.1	14.4	18.1	16.8	17.3	17.5
Vitamin C (mg)	32	27	36	43	48	38	54	31	45	42	37

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF GUJARAT

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
DISTRICT: SURAT											
No. of HH	33	14	11	12	13	12	5	25	25	17	100
Protein (g.)	55.3	61.7	58.5	58.6	69.9	78.3	119.1	60.3	64.0	90.9	64.7
Fat (g.)	17.0	22.3	28.9	44.3	62.6	81.2	135.9	35.0	53.8	97.3	44.4
Calories	1819	2077	2026	2040	2340	2815	4210	2035	2196	3225	2235
Calcium (mg)	411	270	544	610	892	748	1956	859	756	1103	652
Phosphorus (mg)	1248	1935	1253	1317	1575	1710	2777	1299	1451	2024	1443
Iron (mg)	29.9	28.7	24.9	27.0	29.5	28.9	44.5	27.1	28.3	33.5	29.2
Vitamin A (µg)	163	238	199	261	426	350	671	221	352	445	273
Thiamine (mg)	1.53	1.53	1.34	1.37	1.79	1.93	2.73	1.44	1.69	2.17	1.66
Riboflavin (mg)	0.80	0.89	0.84	0.95	1.34	1.29	2.49	0.87	1.15	1.64	1.05
Niacin (mg)	14.1	14.7	13.9	14.9	14.1	19.5	21.5	14.3	14.9	20.4	15.4
Vitamin C (mg)	27	24	32	43	57	51	104	33	50	67	41
DISTRICT: DANGS											
No. of HH	5	2	-	-	1	-	-	2	1	-	8
Protein (g.)	49.7	85.0	-	-	67.2	-	-	85.0	67.2	-	60.7
Fat (g.)	13.7	28.2	-	-	22.4	-	-	28.2	23.4	-	19.8
Calories	1857	3103	-	-	2691	-	-	3103	2691	-	2278
Calcium (mg)	1260	1046	-	-	772	-	-	1046	772	-	1145
Phosphorus (mg)	1439	2126	-	-	1553	-	-	2126	1553	-	1625
Iron (mg)	23.7	52.9	-	-	22.1	-	-	52.9	22.1	-	38.5
Vitamin A (µg)	75	105	-	-	225	-	-	105	225	-	101
Thiamine (mg)	1.82	2.66	-	-	0.75	-	-	2.66	0.75	-	1.93
Riboflavin (mg)	0.99	1.37	-	-	1.06	-	-	1.37	1.06	-	1.09
Niacin (mg)	8.8	18.4	-	-	13.1	-	-	18.4	13.1	-	11.4
Vitamin C (mg)	13	40	-	-	8	-	-	40	8	-	19

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: PURULIA											
No. of HH	73	16	4	2	2	-	-	20	4	-	97
Protein (g.)	38.1	34.2	71.8	67.7	91.0	-	-	37.7	79.3	-	43.8
Fat (g.)	7.1	14.0	20.0	29.8	43.8	-	-	15.2	36.8	-	16.0
Calories	1719	2427	2012	2044	3336	-	-	2544	2191	-	1946
Calcium (mg)	223	219	431	957	636	-	-	242	486	-	258
Phosphorus (mg)	888	1232	1727	1630	2102	-	-	1851	1266	-	1620
Iron (mg)	21.7	29.5	40.3	33.4	41.1	-	-	21.7	37.2	-	24.4
Vitamin A (μg)	419	512	717	445	524	-	-	553	300	-	450
Thiamine (mg)	0.58	0.32	1.21	1.67	2.09	-	-	0.94	0.88	-	0.71
Riboflavin (mg)	0.50	0.68	1.07	0.93	1.32	-	-	0.75	1.13	-	0.38
Niacin (mg)	11.1	15.2	22.8	22.2	27.5	-	-	16.7	25.3	-	12.2
Vitamin C (mg)	44	57	110	99	116	-	-	68	108	-	52
DISTRICT: COOCH BEHAR											
No. of HH	47	22	4	9	2	-	-	26	11	-	84
Protein (g.)	32.6	63.6	59.7	82.5	94.3	-	-	64.7	84.7	-	60.5
Fat (g.)	18.4	15.8	18.2	22.1	25.4	-	-	16.2	23.5	-	15.6
Calories	1862	2436	2496	2407	2927	-	-	2445	2504	-	2258
Calcium (mg)	444	535	468	568	457	-	-	524	547	-	489
Phosphorus (mg)	1227	1279	1225	1817	1986	-	-	1817	1847	-	1352
Iron (mg)	41.7	41.0	28.6	37.2	38.8	-	-	29.1	37.1	-	40.5
Vitamin A (μg)	859	718	377	527	153	-	-	666	459	-	747
Thiamine (mg)	1.46	1.09	0.69	1.08	1.11	-	-	1.03	1.08	-	1.28
Riboflavin (mg)	0.89	0.81	0.70	0.99	0.95	-	-	0.79	0.98	-	0.87
Niacin (mg)	14.7	16.2	14.5	20.9	22.1	-	-	15.1	21.1	-	15.9
Vitamin C (mg)	71	75	30	89	82	-	-	68	88	-	72

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF WEST BENGAL.

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT: HOWRAH											
No. of HH	10	6	1	6	-	-	-	7	6	-	23
Protein (g.)	56.8	50.8	92.6	70.8	-	-	-	56.7	70.8	-	60.4
Fat (g.)	12.8	20.3	18.9	31.9	-	-	-	20.1	31.9	-	20.4
Calories	2206	1907	2854	2525	-	-	-	2042	2325	-	2155
Calcium (mg)	222	294	842	381	-	-	-	372	381	-	235
Phosphorus (mg)	1400	1922	2145	1602	-	-	-	1440	1602	-	1463
Iron (mg)	25.8	24.4	48.2	28.3	-	-	-	27.8	28.3	-	27.2
Vitamin A (μg)	146	75	920	114	-	-	-	196	114	-	153
Thiamine (mg)	1.52	1.53	2.27	1.72	-	-	-	1.64	1.72	-	1.61
Riboflavin (mg)	0.86	0.85	1.43	1.97	-	-	-	0.93	0.97	-	0.91
Niacin (mg)	18.9	18.4	28.5	22.3	-	-	-	19.8	22.3	-	20.1
Vitamin C (mg)	25	59	105	56	-	-	-	65	56	-	45
DISTRICT: DARJEELING											
No. of HH	17	12	12	1	1	1	-	24	2	1	44
Protein (g.)	52.0	79.3	79.0	105.5	141.1	57.2	-	79.2	122.3	57.2	70.6
Fat (g.)	16.3	26.2	22.0	39.3	49.2	57.6	-	24.6	44.3	59.6	22.1
Calories	1941	2728	2476	2226	2829	2241	-	2602	3028	2241	2257
Calcium (mg)	319	615	573	998	3525	622	-	594	2261	623	564
Phosphorus (mg)	1355	2002	1930	2669	2386	1428	-	1966	2528	1428	1742
Iron (mg)	24.9	39.0	39.2	49.3	57.4	20.5	-	38.6	54.0	20.5	32.6
Vitamin A (μg)	261	482	420	369	230	244	-	457	299	244	266
Thiamine (mg)	1.45	2.08	2.17	2.07	1.54	1.46	-	2.12	2.30	1.46	1.85
Riboflavin (mg)	0.84	1.22	1.36	2.08	1.20	1.30	-	1.37	1.64	1.13	1.17
Niacin (mg)	16.7	24.8	23.7	32.5	23.2	15.8	-	24.2	27.8	15.8	21.3
Vitamin C (mg)	92	146	123	256	65	43	-	134	161	43	117

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : DEORIA											
No. of HH	77	29	19	7	9	2	-	26	16	2	131
Protein (g.)	65.9	64.0	63.7	81.1	91.6	80.1	-	62.9	87.0	80.1	68.1
Fat (g.)	10.5	10.3	8.4	21.1	16.5	22.3	-	9.6	18.5	22.9	11.4
Calories	2220	2522	2696	2730	3146	2212	-	2585	2973	3212	2445
Calcium (mg)	273	242	235	510	467	762	-	239	484	363	291
Phosphorus (mg)	1532	1504	1499	1860	1989	1679	-	1500	1932	1673	1374
Iron (mg)	31.1	31.4	29.2	30.6	36.9	34.9	-	30.6	34.1	29.9	31.4
Vitamin A (μg)	117	124	185	126	218	128	-	146	178	132	132
Thiamine (mg)	1.77	1.46	1.20	1.71	2.01	1.28	-	1.37	1.88	1.28	1.67
Riboflavin (mg)	0.82	0.78	0.72	0.99	1.10	0.86	-	0.76	1.05	0.86	0.83
Niacin (mg)	18.4	19.3	19.5	21.1	24.4	18.1	-	19.4	22.1	18.1	19.2
Vitamin C (mg)	42	45	47	40	59	73	-	46	50	73	45
DISTRICT : LUCKNOW											
No. of HH	12	8	8	3	1	-	-	16	4	-	32
Protein (g.)	56.6	82.8	58.8	62.6	66.6	-	-	70.8	63.6	-	64.6
Fat (g.)	11.1	16.0	8.2	17.4	6.8	-	-	12.2	14.7	-	12.1
Calories	1842	2295	1849	1853	1842	-	-	2072	1852	-	1959
Calcium (mg)	243	345	226	324	244	-	-	285	227	-	262
Phosphorus (mg)	1379	1838	1360	1386	1504	-	-	1599	1415	-	1501
Iron (mg)	23.5	36.7	23.2	43.0	25.2	-	-	30.0	38.6	-	38.6
Vitamin A (μg)	60	98	59	68	99	-	-	79	76	-	71
Thiamine (mg)	1.73	2.39	1.72	2.30	2.04	-	-	2.05	2.23	-	1.95
Riboflavin (mg)	0.88	1.15	0.81	0.86	0.95	-	-	0.98	0.88	-	0.93
Niacin (mg)	19.4	22.3	18.1	16.9	19.1	-	-	20.6	17.6	-	19.8
Vitamin C (mg)	22	13	35	24	27	-	-	24	25	-	23

NNMB. AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C. U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF UTTAR PRADESH.

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
DISTRICT : MEE RUT											
No. of HH	57	24	9	8	-	1	-	33	8	1	99
Protein (g.)	74.8	85.0	91.3	79.0	-	41.3	-	86.7	79.0	41.3	78.8
Fat (g.)	15.8	20.5	28.3	24.4	-	26.2	-	22.6	24.4	26.2	18.9
Calories	2053	2365	2602	2337	-	1339	-	2430	2337	1339	2194
Calcium (mg)	439	549	728	703	-	890	-	598	703	890	518
Phosphorus (mg)	1970	2224	2404	2145	-	1096	-	2273	2145	1096	2076
Iron (mg)	29.5	22.7	35.9	33.6	-	10.5	-	34.3	33.6	10.5	31.3
Vitamin A (μg)	135	151	213	247	-	255	-	168	247	255	2156
Thiamine (mg)	2.67	2.96	2.10	2.76	-	0.97	-	3.00	2.76	0.97	2.77
Riboflavin (mg)	1.40	1.64	1.83	1.67	-	1.12	-	1.70	1.67	1.12	1.52
Niacin (mg)	26.7	30.7	32.2	27.8	-	8.1	-	31.1	27.8	8.1	28.1
Vitamin C (mg)	20	31	40	41	-	9	-	24	41	9	26
DISTRICT : Pilibhit											
No. of HH	18	9	2	-	-	-	-	11	-	-	29
Protein (g.)	59.2	61.3	42.5	-	-	-	-	58.0	-	-	59.0
Fat (g.)	11.8	11.5	16.8	-	-	-	-	12.5	-	-	12.0
Calories	2337	2149	1342	-	-	-	-	2002	-	-	2210
Calcium (mg)	228	302	273	-	-	-	-	297	-	-	254
Phosphorus (mg)	1451	1433	1026	-	-	-	-	1359	-	-	1416
Iron (mg)	26.4	28.5	19.8	-	-	-	-	26.7	-	-	26.5
Vitamin A (μg)	174	365	244	-	-	-	-	343	-	-	238
Thiamine (mg)	1.31	1.42	1.20	-	-	-	-	1.38	-	-	1.34
Riboflavin (mg)	0.79	0.92	0.66	-	-	-	-	0.87	-	-	0.82
Niacin (mg)	18.5	18.7	15.6	-	-	-	-	18.1	-	-	18.4
Vitamin C (mg)	29	31	26	-	-	-	-	30	-	-	29

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	5	-	18	11	5	-	-	8	8	-	7
Maize	-	-	-	-	-	-	-	-	-	-	-
Ragi	-	-	3	-	-	-	-	1	-	-	*
Rice	177	214	200	240	299	331	440	208	263	347	241
Wheat	74	99	95	101	63	79	20	97	86	70	88
Others	-	-	-	4	4	-	-	-	4	-	2
TOTAL	256	313	316	356	371	410	460	314	361	417	338
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Bajra	7	-	2	-	-	-	-	*	-	-	4
Jowar	316	369	360	428	350	511	395	366	395	421	349
Maize	5	3	-	-	-	-	-	2	-	-	3
Ragi	161	131	173	84	83	-	-	147	84	-	138
Rice	146	179	150	228	226	233	511	168	227	349	174
Wheat	*	*	5	9	1	-	30	2	6	13	2
Others	31	18	37	15	17	-	17	25	16	7	26
TOTAL	666	700	727	764	677	744	953	710	728	790	696

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Bengalgram	*	*	-	-	2	-	-	*	*	-	*
Blackgram	-	1	*	1	7	6	11	*	3	6	2
Greengram	2	*	3	2	11	8	28	2	5	11	4
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	1	*	2	4	3	3	7	1	3	3	2
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	*	-	-	-	-	*	-	*
TOTAL	3	1	5	7	23	17	46	3	11	20	8
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Bengalgram	*	-	-	-	3	-	3	-	1	1	*
Blackgram	*	*	-	-	*	-	3	*	*	1	*
Greengram	5	13	4	11	8	13	26	10	10	19	8
Khesari dal	1	-	-	-	-	-	-	-	-	-	*
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	19	35	51	66	63	100	107	41	65	103	37
Soyabean	-	*	-	-	-	-	-	*	-	-	*
Others	17	16	11	6	7	-	-	14	6	-	14
TOTAL	42	64	66	83	81	113	139	65	82	124	59

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Leafy Veg.	2	*	*	2	4	7	24	*	3	10	2
Other Veg.	43	62	71	79	101	103	67	66	88	98	76
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	6	7	10	11	15	18	40	8	13	21	11
Potato	-	2	4	3	10	21	6	3	6	19	5
Tapioce	211	207	165	127	114	116	-	188	122	98	155
Others	3	8	6	10	11	8	-	8	10	7	8
Total (R & T)	220	224	185	151	150	163	46	207	151	145	179
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Leafy Veg.	19	2	-	5	-	1	-	1	3	*	1
Other Veg.	22	17	35	35	30	65	161	24	33	105	27
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	12	14	25	22	22	45	96	18	22	66	17
Potato	*	-	2	2	5	-	9	*	3	4	1
Tapioce	-	-	-	-	-	-	-	-	-	-	-
Others	*	*	-	-	-	-	-	*	-	-	*
Total (R & T)	12	14	27	24	27	45	105	18	25	70	18

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	39	41	44	50	58	70	78	42	53	71	49
Groundnut	-	*	-	*	-	-	-	*	-	-	*
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	39	41	44	50	58	70	78	42	53	71	49
COND. & SPICES	10	11	11	14	13	16	23	11	13	17	12
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	*	*	*	2	-	-	15	*	1	6	*
Coconut, fresh	6	7	11	4	7	-	13	9	6	5	7
Groundnut	-	-	-	-	*	-	-	-	*	-	-
Others	*	*	*	-	-	-	-	*	-	-	*
TOTAL	6	9	11	7	8	-	28	10	7	11	8
COND. & SPICES	19	22	26	29	21	30	31	24	26	30	22

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Fruits (Total)	*	8	11	6	6	4	5	8	6	4	6
Fish, Fresh	20	25	25	31	26	54	37	25	29	51	29
Fish, Dry	2	2	3	4	4	*	-	2	4	*	3
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	22	27	28	35	30	54	37	27	33	51	32
Meat	-	-	-	-	-	-	28	-	-	4	*
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	*	*	1	3	18	*	1	5	1
Total (Other flesh foods)	-	*	*	*	1	3	46	*	1	9	1
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Fruits (Total)	3	1	6	*	6	-	-	3	3	-	3
Fish, Fresh	5	2	1	4	-	-	-	2	2	-	3
Fish, Dry	*	1	*	-	-	-	-	*	-	-	*
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	5	3	1	4	-	-	-	2	2	-	3
Meat	-	-	-	-	-	25	-	-	-	15	*
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	-	-	-	-	-	-
Total (Other flesh foods)	-	-	-	-	-	25	-	-	-	15	*

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	59	79	50	28	5	135	129	33	325
Milk (Total)	*	12	18	30	49	87	156	15	37	97	31
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	*	-	-	-	*	-	-	-	-	-	-
Hydrogenated oil	-	-	-	-	-	*	-	-	-	*	-
Cooking oil	2	3	3	5	6	8	16	3	6	9	5
Fats & Oils (Total)	2	3	3	5	6	8	16	3	6	9	5
Sugar	10	11	11	14	20	23	28	11	16	24	14
Jaggery	5	5	7	6	3	2	-	6	5	2	5
Total (S & J)	15	16	18	20	23	25	28	17	21	26	19
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	50	12	326
Milk (Total)	23	35	77	105	155	489	361	51	106	436	63
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	*	-	*	-	2	*	*	*	*
Hydrogenated oil	-	-	*	-	-	-	-	-	-	-	-
Cooking oil	2	4	6	11	11	15	36	5	11	24	5
Fats & Oils (Total)	2	4	6	11	11	15	38	5	11	24	5
Sugar	6	9	14	23	36	46	55	11	29	50	13
Jaggery	11	11	16	9	3	*	16	13	7	7	11
Total (S & J)	17	20	30	32	39	46	71	24	36	57	24

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
ANDHRA PRADESH											
No. of HH	169	48	26	23	21	13	6	74	44	19	306
Fruits (Total)	9	12	20	6	24	44	67	15	15	52	14
Fish, Fresh	1	3	-	5	20	-	12	2	12	4	3
Fish, Dry	*	2	-	9	-	-	-	1	5	-	1
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	1	5	-	14	20	-	12	3	17	4	4
Meat	1	1	4	4	-	30	21	2	2	27	3
Chicken	*	-	-	-	-	-	-	-	-	-	*
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	*	*	-	-	4	3	-	*	2	2	*
Total (Other flesh foods)	1	1	4	4	4	33	21	2	4	29	3
MAHARASHTRA											
No. of HH	185	59	23	29	29	14	7	82	58	21	346
Fruits (Total)	3	5	7	8	7	12	4	5	7	10	5
Fish, Fresh	*	3	2	*	3	-	-	3	2	-	1
Fish, Dry	4	4	-	*	-	-	-	*	-	-	*
Prawns	2	2	-	-	-	-	-	1	-	-	2
Total (Fish)	2	5	2	*	3	-	-	4	2	-	3
Meat	*	4	-	-	-	-	45	3	-	15	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	-	*	*	-	-	-	*	-	*
Total (Other flesh foods)	*	4	-	*	*	-	45	3	*	15	2

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
ANDHRA PRADESH											
No. of HH	169	48	26	23	21	13	6	74	44	19	306
Milk (Total)	20	49	96	169	219	266	420	65	143	315	74
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	*	*	*	*	3	11	*	*	6	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	4	6	9	12	13	33	13	7	12	27	8
Fats & Oils (Total)	4	6	9	12	13	36	24	7	12	33	8
Sugar	2	4	8	9	18	26	21	5	13	24	6
Jaggery	*	*	*	-	*	2	-	*	*	2	*
Total (S & J)	2	4	8	9	18	28	21	5	13	26	6
MAHARASHTRA											
No. of HH	185	59	23	29	29	14	7	82	58	21	346
Milk (Total)	52	77	131	145	235	293	305	82	190	297	100
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	*	-	2	*	*	2	5	*	*	3	*
Hydrogenated oil	*	*	-	-	*	2	5	*	*	3	*
Cooking oil	6	10	16	13	18	13	28	12	16	18	10
Fats & Oils (Total)	6	10	18	13	18	17	38	12	16	24	10
Sugar	6	10	17	19	28	39	44	12	23	40	12
Jaggery	13	20	10	16	7	8	3	17	11	6	13
Total (S & J)	19	30	27	35	35	47	47	29	34	46	25

NNMB - AVERAGE CEREAL AND MILLET CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Bajra	11	47	10	81	53	14	31	32	69	19	35
Jowar	95	65	40	56	66	77	182	55	60	108	73
Maize	5	-	4	-	-	-	-	1	-	-	2
Ragi	24	6	-	-	-	-	-	4	-	-	8
Rice	71	53	59	51	69	126	127	55	58	126	68
Wheat	197	249	277	221	168	198	95	260	199	167	217
Others	27	26	3	-	8	-	4	17	3	1	15
TOTAL	430	446	393	409	364	415	439	424	389	421	418
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Bajra	-	-	-	-	-	-	-	-	-	-	-
Jowar	-	-	-	-	-	-	-	-	-	-	-
Maize	7	5	5	-	-	-	-	5	-	-	6
Ragi	-	-	-	-	33	-	-	-	7	-	*
Rice	324	451	389	563	628	156	-	434	577	156	381
Wheat	71	106	225	142	100	208	-	138	133	208	98
Others	66	44	6	-	-	-	-	33	-	-	49
TOTAL	468	606	625	705	761	364	-	610	717	364	534

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Bengalgram	3	2	9	3	8	5	9	5	5	6	5
Blackgram	7	3	1	-	*	-	-	3	*	-	3
Greengram	7	6	10	18	11	20	25	7	15	21	10
Khesari dal	-	-	-	-	-	-	-	-	-	-	-
Lentil	-	-	-	-	-	-	-	-	-	-	-
Redgram	4	7	6	8	22	21	29	7	14	24	10
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	3	1	1	1	2	9	21	1	2	12	3
TOTAL	24	19	27	30	43	55	84	23	36	63	31
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Bengalgram	*	-	24	-	-	-	-	7	-	-	2
Blackgram	*	1	2	-	-	26	-	1	-	26	*
Greengram	-	*	*	3	-	-	-	*	2	-	*
Khesari dal	2	7	1	2	-	-	-	5	1	-	3
Lentil	5	10	10	30	41	-	-	10	32	-	9
Redgram	2	3	1	2	10	-	-	2	4	-	2
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	13	-	-	-	3	-	*
TOTAL	9	21	38	37	64	26	-	25	42	26	17

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Leafy Veg.	5	3	3	2	4	3	5	3	3	4	4
Other Veg.	37	38	30	56	66	64	138	35	61	87	47
ROOTS & TUBERS											
Carrot	-	-	-	-	-	-	-	-	-	-	-
Onion, big	11	19	10	14	9	14	13	15	12	14	13
Potato	21	40	58	24	35	34	20	47	29	30	33
Yam	-	-	-	*	-	-	-	-	*	-	*
Others	2	1	-	1	4	17	62	*	3	30	4
Total (R & T)	34	60	68	39	48	65	95	62	44	74	50
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Leafy Veg.	50	52	41	27	18	-	-	49	25	-	47
Other Veg.	50	139	225	165	209	65	-	162	174	65	97
ROOTS & TUBERS											
Carrot	*	-	*	-	-	-	-	*	-	-	*
Onion, big	3	2	4	6	7	-	-	2	6	-	3
Potato	29	48	32	103	103	104	-	43	103	104	41
Yam	3	-	-	-	-	-	-	-	-	-	2
Others	3	2	3	6	-	-	-	2	5	-	3
Total (R & T)	38	52	39	115	110	104	-	47	114	104	49

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Fruits (Total)	8	6	25	45	61	66	117	14	52	61	29
Fish, Fresh	2	*	6	7	3	5	-	2	5	4	3
Fish, Dry	-	1	-	-	-	-	-	*	-	-	*
Prawns	-	-	-	-	-	-	-	-	-	-	-
Total (Fish)	2	1	6	7	3	5	-	2	5	4	3
Meat	2	-	3	-	-	17	-	1	-	12	2
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	-	-	-	-	4	-	-	-	3	*
Total (Other flesh foods)	2	-	3	-	-	21	-	1	-	15	2
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Fruits (Total)	13	4	9	10	-	19	-	5	8	19	10
Fish, Fresh	2	7	11	16	21	-	-	8	17	-	6
Fish, Dry	*	2	-	-	25	-	-	2	5	-	1
Prawns	*	*	-	3	-	-	-	*	2	-	*
Total (Fish)	2	9	11	19	46	-	-	10	24	-	7
Meat	*	-	-	7	-	-	-	-	6	-	*
Chicken	-	-	-	-	-	-	-	-	-	-	-
Liver, Goat	-	-	-	-	-	-	-	-	-	-	-
Egg	-	*	-	-	-	-	-	*	-	-	-
Total (Other flesh foods)	*	*	-	7	-	-	-	*	6	-	*

NNMB . AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	*	-	-	*	1	2	-	-	*	1	*
Others	-	*	-	-	-	-	-	*	-	-	*
TOTAL	*	*	-	*	1	2	-	*	*	1	*
COND. & SPICES	4	3	3	3	3	3	4	3	3	3	3
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Cashewnut	-	-	-	-	-	-	-	-	-	-	-
Coconut, dry	-	-	-	-	-	-	-	-	-	-	-
Coconut, fresh	-	-	-	-	-	-	-	-	-	-	-
Groundnut	-	-	-	-	-	-	-	-	-	-	-
Others	-	-	-	-	-	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-	-	-	-	-	-
COND. & SPICES	*	1	*	2	1	-	-	1	2	-	1

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
GUJARAT											
No. of HH	88	66	43	47	34	21	9	109	81	30	308
Milk (Total)	117	176	182	257	291	275	730	178	271	411	208
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	*	*	5	9	12	17	24	2	10	19	6
Hydrogenated oil	-	*	-	*	*	3	-	*	*	2	*
Cooking oil	8	12	16	21	27	34	51	14	24	39	17
Fats & Oils (Total)	8	12	21	30	39	54	75	16	34	60	23
Sugar	8	14	26	30	37	40	49	19	33	43	22
Jaggery	17	28	23	28	16	19	14	26	23	18	22
Total (S & J)	25	42	49	58	53	59	63	45	56	61	44
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Milk (Total)	13	45	78	67	120	260	-	54	79	260	33
Butter	-	-	-	-	-	-	-	-	-	-	-
Ghee	-	-	-	*	1	26	-	-	*	26	*
Hydrogenated oil	-	-	-	-	-	-	-	-	-	-	-
Cooking oil	4	9	9	16	21	16	-	9	17	16	7
Fats & Oils (Total)	4	9	9	16	22	42	-	9	17	42	7
Sugar	4	5	5	16	17	26	-	5	16	26	6
Jaggery	3	3	2	7	-	-	-	3	5	-	3
Total (S & J)	7	8	7	13	17	26	-	8	21	26	9

PER CAPITA DAILY INCOME (Rupees)											
FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	-	96	28	3	291
Bajra	7	-	-	-	-	-	-	-	-	-	4
Jowar	5	3	-	-	-	-	-	2	-	-	4
Maize	22	3	-	18	-	-	-	2	11	-	14
Ragi	-	-	-	-	-	-	-	-	-	-	-
Rice	196	239	295	186	472	436	-	257	288	436	227
Wheat	271	317	282	307	188	47	-	305	264	47	279
Others	39	29	-	57	-	-	-	20	37	-	32
TOTAL	540	591	577	568	660	483	-	586	600	483	560

NNMB - AVERAGE PULSE CONSUMPTION (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

PER CAPITA DAILY INCOME (Rupees)											
FOODSTUFF	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	TOTAL
DISTRICT : UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	-	96	28	3	291
Bengalgram	2	12	2	*	-	46	-	9	*	46	4
Blackgram	1	7	5	3	-	6	-	6	2	6	3
Greengram	*	-	-	*	3	2	-	-	1	1	*
Khesari dal	*	*	-	-	-	-	-	*	-	-	*
Lentil	14	5	*	4	-	-	-	4	3	-	9
Redgram	5	13	19	19	75	44	-	15	39	44	12
Soyabean	-	-	-	-	-	-	-	-	-	-	-
Others	14	3	7	15	45	-	-	4	26	-	12
TOTAL	36	40	33	41	123	98	-	38	71	97	40

NNMB - AVERAGE CONSUMPTION OF VEGETABLES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	—	96	28	3	291
Leafy Veg.	4	7	7	3	10	—	—	7	5	—	5
Other Veg.	39	49	33	70	20	76	—	44	52	76	42
ROOTS & TUBERS											
Carrot	1	—	—	—	—	—	—	—	—	—	*
Onion, big	3	3	4	7	4	30	—	3	6	30	4
Potato	92	73	136	65	210	59	—	94	117	59	95
Yam	—	—	—	—	—	46	—	—	—	46	*
Others	2	1	*	—	—	—	—	*	—	—	1
Total (R & T)	98	77	140	72	214	135	—	97	123	135	100

NNMB - AVERAGE CONSUMPTION OF NUTS, OILSEEDS AND CONDIMENTS & SPICES (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	>5	
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	—	96	28	3	291
Cashewnut	—	—	—	—	—	—	—	—	—	—	—
Coconut, dry	—	—	—	—	—	—	—	—	—	—	—
Coconut, fresh	—	—	—	—	—	—	—	—	—	—	—
Groundnut	—	—	—	—	—	—	—	—	—	—	—
Others	—	—	—	—	—	—	—	—	—	—	—
TOTAL	—	—	—	—	—	—	—	—	—	—	—
COND. & SPICES	3	3	4	4	6	6	—	4	5	6	3

NNMB - AVERAGE CONSUMPTION OF FRUITS, FISH AND OTHER FLESH FOODS (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	—	96	28	3	291
Fruits (Total)	1	2	3	2	20	—	—	3	8	—	2
Fish, Fresh	2	1	2	11	—	—	—	2	7	—	3
Fish, Dry	—	—	—	—	—	—	—	—	—	—	—
Prawns	—	—	—	—	—	—	—	—	—	—	—
Total (Fish)	2	1	2	11	—	—	—	2	7	—	3
Meat	2	6	6	1	—	—	—	6	*	—	3
Chicken	*	—	—	—	—	—	—	—	—	—	*
Liver, Goat	—	—	—	—	—	—	—	—	—	—	—
Egg	—	*	—	—	—	—	—	*	—	—	*
Total (Other flesh foods)	2	6	6	1	—	—	—	8	7	—	6

NNMB - AVERAGE CONSUMPTION OF MILK, FATS & OILS, SUGAR & JAGGERY (g./CU/day) ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

FOODSTUFF	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	—	96	28	3	291
Milk (Total)	35	59	63	126	48	187	—	60	98	187	51
Butter	—	—	—	—	—	—	—	—	—	—	—
Ghee	*	*	*	*	—	*	—	*	*	*	*
Hydrogenated oil	*	*	1	*	1	—	—	*	*	—	*
Cooking oil	1	2	2	5	4	6	—	2	5	6	2
Fats & Oils (Total)	1	2	3	5	5	6	—	2	5	6	2
Sugar	*	4	3	7	2	46	—	3	5	46	2
Jaggery	2	2	2	8	—	—	—	2	5	—	2
Total (S & J)	2	6	5	15	2	46	—	5	10	46	4

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
KERALA											
No. of HH	28	76	89	79	90	28	5	135	129	33	828
Protein (g.)	32.7	39.2	41.7	47.3	50.2	58.1	72.5	40.3	48.5	60.3	44.9
Fat (g.)	23.0	28.7	27.9	35.5	38.6	48.4	67.0	26.7	38.9	51.2	32.3
Calories	1999	1799	1786	1958	2114	2380	2696	1793	2016	2428	1926
Calcium (mg)	388	406	441	494	807	686	711	421	489	663	471
Phosphorus (mg)	887	1028	1064	1183	1228	1439	1616	1044	1201	1466	1133
Iron (mg)	16.2	18.7	19.9	22.1	23.1	24.9	28.8	19.3	22.3	28.5	20.9
Vitamin A (µg)	67	76	86	117	152	221	479	91	131	260	117
Thiamine (mg)	0.69	0.84	0.90	0.95	0.89	0.97	0.97	0.86	0.93	0.97	0.88
Riboflavin (mg)	0.61	0.73	0.72	0.76	0.78	0.92	1.01	0.73	0.76	0.93	0.75
Niacin (mg)	9.5	11.6	11.8	13.1	12.6	14.8	15.4	11.7	12.9	14.6	12.3
Vitamin C (mg)	70	77	71	64	71	76	49	74	66	72	70
KARNATAKA											
No. of HH	151	71	42	29	21	7	5	113	90	12	326
Protein (g.)	74.9	83.3	87.6	86.7	87.6	122.9	125.6	84.9	92.9	124.0	83.0
Fat (g.)	18.6	22.6	29.6	33.6	35.0	36.0	84.4	25.2	34.2	67.8	25.1
Calories	2648	2894	3106	3366	3110	3821	4670	2973	3258	4175	2911
Calcium (mg)	925	835	1061	837	833	1201	1114	919	835	1165	918
Phosphorus (mg)	1793	1906	2080	2134	1952	2568	2754	1971	2057	2645	1926
Iron (mg)	46.3	46.7	50.8	50.6	43.4	30.2	55.4	48.2	47.6	52.4	47.4
Vitamin A (µg)	303	180	214	272	226	467	403	193	293	434	262
Thiamine (mg)	2.43	2.56	2.82	2.75	2.43	2.96	2.75	2.65	2.61	2.97	2.58
Riboflavin (mg)	1.10	1.13	1.30	1.32	1.24	1.88	1.81	1.19	1.29	1.85	1.19
Niacin (mg)	17.5	19.4	20.1	22.9	19.8	26.7	27.6	19.6	21.6	27.1	19.2
Vitamin C (mg)	24	12	21	23	20	39	73	16	22	53	22

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	>10	1-2	2-5	≥5	
ANDHRA PRADESH											
No. of HH	169	48	26	23	21	13	6	74	44	19	306
Protein (g.)	51.6	61.1	58.8	82.2	80.5	90.3	95.4	60.3	81.4	91.9	60.5
Fat (g.)	15.1	22.1	25.5	32.0	37.1	70.4	72.6	23.3	35.4	71.1	23.5
Calories	2087	2450	2388	2975	3132	3427	3588	2428	3050	3478	2394
Calcium (mg)	424	502	450	938	903	997	1243	484	932	1075	552
Phosphorus (mg)	1197	1405	1305	1842	1833	2004	2107	1370	1827	2027	1383
Iron (mg)	23.9	27.9	24.7	40.5	35.0	27.7	38.1	26.8	37.9	36.9	28.5
Vitamin A (µg)	160	150	179	287	359	452	566	160	321	489	204
Thiamine (mg)	1.06	1.14	0.95	1.39	1.34	1.91	1.54	1.07	1.47	1.80	1.17
Riboflavin (mg)	0.63	0.73	0.71	1.11	1.15	1.36	1.45	0.72	1.13	1.39	0.77
Niacin (mg)	13.1	16.2	15.2	19.2	18.6	23.2	26.1	13.8	18.4	24.1	15.2
Vitamin C (mg)	15	19	22	30	36	41	46	20	33	43	21
MAHARASHTRA											
No. of HH	185	59	23	29	29	14	7	82	58	21	346
Protein (g.)	59.7	70.3	74.8	71.1	83.2	76.2	88.9	71.6	77.1	80.4	66.7
Fat (g.)	19.9	27.4	39.3	34.0	45.1	43.7	72.3	30.7	37.6	52.2	27.8
Calories	1954	2381	2514	2382	2719	2561	2961	2419	2581	2694	2209
Calcium (mg)	406	477	546	629	795	772	851	496	712	799	503
Phosphorus (mg)	1323	1576	1684	1622	1843	1746	1951	1606	1722	1814	1489
Iron (mg)	32.2	36.5	37.7	38.1	40.1	32.7	37.9	36.8	37.6	34.4	34.3
Vitamin A (µg)	242	220	348	313	427	850	523	256	370	407	277
Thiamine (mg)	1.81	2.01	2.26	2.09	2.39	2.03	2.39	2.08	2.24	2.13	1.96
Riboflavin (mg)	0.89	1.05	1.22	1.15	1.36	1.31	1.49	1.10	1.26	1.37	1.03
Niacin (mg)	15.6	18.2	20.0	18.7	20.2	18.9	24.1	18.8	19.4	20.6	17.3
Vitamin C (mg)	22	30	42	34	35	28	49	33	34	35	27

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
GUJARAT											
No. of HH	28	66	43	47	34	21	9	109	81	30	308
Protein (g.)	57.3	63.0	60.4	66.3	65.0	74.0	97.1	62.0	65.8	80.9	63.5
Fat (g.)	23.2	32.8	38.0	54.5	64.1	76.9	121.6	34.9	58.5	91.7	43.3
Calories	1900	2129	2093	2350	2366	2764	3555	2113	2357	3002	2203
Calcium (mg)	508	589	558	710	782	752	1558	577	740	994	641
Phosphorus (mg)	1441	1621	1537	1674	1595	1721	2297	1588	1441	1894	1590
Iron (mg)	28.7	30.8	26.5	29.0	27.5	29.8	37.4	29.1	28.4	32.1	29.1
Vitamin A (µg)	202	195	331	459	503	498	863	248	478	607	331
Thiamine (mg)	1.85	2.03	1.89	1.96	1.60	1.95	2.31	1.98	1.90	2.06	1.93
Riboflavin (mg)	1.03	1.22	1.15	1.35	1.35	1.34	2.08	1.19	1.35	1.56	1.22
Niacin (mg)	16.9	18.9	18.7	17.9	16.2	19.4	18.3	18.8	17.2	19.1	17.9
Vitamin C (mg)	24	27	30	37	46	44	82	28	41	55	33
WEST BENGAL											
No. of HH	147	56	21	18	5	1	-	77	23	1	248
Protein (g.)	45.7	63.7	74.6	78.2	102.4	57.2	-	66.7	83.5	57.2	55.8
Fat (g.)	10.6	18.0	21.3	27.7	37.5	59.6	-	18.9	29.8	59.6	15.2
Calories	1807	2439	2600	3066	3475	2241	-	2483	3155	2241	2144
Calcium (mg)	309	464	539	504	1162	623	-	485	642	623	396
Phosphorus (mg)	1085	1464	1786	1772	2112	1428	-	1552	1846	1428	1302
Iron (mg)	28.7	35.5	37.3	35.6	43.8	20.5	-	36.0	37.4	20.5	31.8
Vitamin A (µg)	523	540	492	374	321	244	-	527	362	244	508
Thiamine (mg)	1.02	1.27	1.77	1.47	1.59	1.46	-	1.40	1.49	1.46	1.19
Riboflavin (mg)	0.69	0.90	1.18	1.04	1.15	1.13	-	0.98	1.06	1.13	0.81
Niacin (mg)	13.4	18.0	21.9	22.3	24.5	15.8	-	19.1	22.7	15.8	16.1
Vitamin C (mg)	57	83	102	89	93	43	-	88	89	43	17

NNMB - AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER C.U. PER DAY ACCORDING TO INCOME CATEGORY IN RURAL AREAS OF

NUTRIENT	PER CAPITA DAILY INCOME (Rupees)										TOTAL
	<1	1.0-1.5	1.5-2.0	2-3	3-5	5-10	≥10	1-2	2-5	≥5	
UTTAR PRADESH											
No. of HH	164	64	32	18	10	3	-	96	28	3	291
Protein (g.)	67.6	73.8	69.0	77.1	89.1	67.2	-	72.2	81.4	67.2	70.5
Fat (g.)	12.5	15.0	14.5	21.9	15.5	23.6	-	14.8	19.6	23.6	14.1
Calories	2161	2382	2379	2411	3016	2587	-	2379	2631	2587	2283
Calcium (mg)	323	379	314	550	444	539	-	377	512	539	361
Phosphorus (mg)	1665	1806	1687	1908	1940	1480	-	1766	1919	1480	1721
Iron (mg)	27.5	32.5	29.0	34.0	35.7	26.1	-	31.3	34.6	26.7	30.6
Vitamin A (µg)	125	165	165	170	206	167	-	165	183	167	144
Thiamine (mg)	2.03	2.14	1.86	2.27	2.02	1.18	-	2.05	2.18	1.18	2.04
Riboflavin (mg)	1.02	1.17	1.06	1.27	1.08	0.95	-	1.13	1.20	0.95	1.08
Niacin (mg)	21.4	23.9	22.7	23.4	23.9	14.8	-	23.5	23.6	14.8	22.2
Vitamin C (mg)	31	34	41	38	56	52	-	36	44	52	34

NNMB - AVERAGE INTAKE OF FOODS TUFFS (GRAMS/CONSUMPTION UNIT PER DAY) :

State	Total cereals and millets	Pulses	Leafy vege- tables	Other vege- tables	Roots and Tubers	Nuts & oil- seeds	Condi- ments & spices	Fruits	Fish	Other flesh foods	Milk and Milk products	Fats and Oils	Sugar and Jaggary
Kerala	388	8	2	76	179	49	12	6	32	1	31	5	19
Karnataka	696	59	1	27	18	8	22	3	3	*	63	5	24
Andhra Pradesh	571	30	4	27	21	8	24	14	4	3	74	8	6
Maharashtra	495	36	12	43	15	2	10	5	3	2	100	10	25
Gujarat	418	31	4	47	50	*	3	29	3	2	208	23	44
West Bengal	534	17	47	97	49	--	1	10	7	*	33	7	9
Uttar Pradesh	560	40	5	42	100	--	3	2	3	6	51	2	4

Less than one gram.

NNMB: AVERAGE INTAKE OF DIFFERENT NUTRIENTS PER CU PER DAY

S t a t e	Protein (g)	Calories	Calcium (mg)	Iron (mg)	Vitamin A (mg) (Retinol)	Thiamine (mg)	Ribofla- vin (mg)
Kerala	44.9	1926	471	20.9	117	0.88	0.75
Karnataka	83.0	2911	918	47.4	262	2.55	1.19
Andhra Pradesh	60.5	2394	552	28.5	204	1.17	0.77
Maharashtra	66.7	2209	503	34.3	277	1.96	1.03
Gujarat	63.5	2203	641	29.1	331	1.93	1.22
West Bengal	55.8	2144	396	31.8	508	1.19	0.81
Uttar Pradesh	70.5	2283	361	30.6	144	2.04	1.08
Recommended intake (ICMR 1968)	55.0	2400	400-500	20-30	750	1.20	1.30

**NNMB: PER CENT DISTRIBUTION OF HOUSEHOLDS ACCORDING TO PROTEIN-CALORIE
INADEQUACY**

S t a t e	PI		PA		PI		PA		PI	Ci
	CI	CA	CI	CA	CI	CA	CI	CA		
Kerala	40.9	3.7	23.1	32.3	44.6	64.0				
Karnataka	6.4	0.3	12.9	80.4	6.7	19.3				
Andhra Pradesh	23.9	--	14.7	61.4	23.8	38.6				
Maharashtra	15.3	--	32.7	52.0	15.3	48.0				
Gujarat	15.3	0.3	30.8	53.6	15.6	42.9				
West Bengal	32.7	1.6	17.7	48.0	34.3	50.4				
Uttar Pradesh	14.4	--	31.3	54.3	14.4	45.7				

PI = Protein inadequacy

CI = Calorie inadequacy

PA = Protein adequacy

CA = Calorie adequacy

ANNEXURE - II

NUTRITIONAL STATUS - CLINICAL

NNMB: PERCENTAGE PREVALENCE OF DEFICIENCY SIGNS :
INFANTS

S t a t e	Kerala	Karna- taka	Andhra Pradesh	Maha- rashtra	Gujarat	West Bengal	Uttar Pradesh
Number	21	116	56	117	98	58	70
NAD	85.7	86.2	92.7	93.2	92.7	98.3	85.7
Hair changes	14.3	11.2	3.8	0.9	3.1	--	10.0
Moon face	--	0.9	--	0.9	--	--	--
Oedema	--	--	--	0.9	--	--	--
Emaciation	--	3.4	1.8	0.9	1.7	1.7	2.9
Marasmus	--	0.9	1.8	3.4	4.1	--	2.9
2 or more signs of PCM	--	1.7	--	--	--	--	--
Conj. xerosis	--	0.9	--	0.9	--	--	1.4
Bitot's spots	--	--	--	--	--	--	--
Total Vitamin A Deficiency	--	--	--	--	--	--	1.4
Angular Stomatitis	--	--	--	--	--	--	--
Other B-Complex Deficiency	--	--	--	--	--	--	--
Pellagra	--	--	--	--	--	--	--
Phrynoderma	--	--	--	--	--	--	--
Koilonychia	--	--	--	--	--	--	--
Gums-Spongy bleeding	--	--	--	--	--	--	--
Signs of Rickets	--	--	3.6	1.7	1.0	--	--
Caries	--	--	--	--	--	--	--
Mottled Enamel	--	--	--	--	--	--	--
Thyroid Enlargement	--	--	--	--	--	--	2.9
Enlargement of liver	--	--	--	--	--	--	--

NNMB: PERCENTAGE PREVALENCE OF DEFICIENCY SIGNS: PRESCHOOL CHILDREN

State	Kerala	Karna- taka	Andhra Pradesh	Maha- rashtra	Gujarat	West Bengal	Uttar Pradesh
Number	180	381	281	316	323	270	295
NAD	72.2	57.0	75.4	87.7	87.9	91.5	85.8
Hair changes	7.2	13.1	4.6	4.1	5.0	0.4	7.1
Moon face	0.6	5.0	5.3	2.5	—	—	—
Oedema	—	0.8	2.8	0.9	—	—	0.3
Emaciation	1.1	3.7	1.1	0.6	—	4.1	2.4
Marasmus	—	1.3	1.8	3.2	1.5	—	1.4
2 or more signs of PCM	1.1	3.9	1.4	2.5	—	—	0.3
Conj. xerosis	2.2	1.3	1.8	1.3	0.3	2.2	2.7
Bitot's spots	0.6	2.4	0.7	0.3	0.3	—	0.7
Total Vitamin A deficiency	2.8	3.2	1.8	1.9	0.9	2.6	2.7
Angular Stomatitis	5.6	13.1	10.0	1.3	0.9	2.6	1.0
Other B-Complex Deficiency	1.7	—	0.4	—	—	0.4	1.0
Pellagra	—	—	—	—	—	—	—
Phrynoderma	6.1	2.9	0.7	—	0.3	—	—
Koilonychia	—	—	—	—	—	—	—
Gums-Spongy Sleeding	—	—	—	—	—	—	—
Signs of Rickets	2.2	1.3	5.0	2.8	—	—	0.3
Caries	5.0	2.1	0.7	0.9	3.4	—	0.3
Mottled Enamel	0.6	1.3	—	—	—	—	0.7
Thyroid Enlargement	—	—	—	—	—	—	1.4
Enlargement of liver	1.1	—	—	0.6	0.9	—	2.4
	—	—	—	—	—	—	—

NNMB - PERCENTAGE PREVALENCE OF DEFICIENCY SIGNS - 5-12 YEARS

State	Kerala	Karna- taka	Andhra Pradesh	Maha- rashtra	Gujarat	West Bengal	Uttar Pradesh
Number	416	644	486	558	453	490	452
NAD	64.7	61.0	85.8	68.6	70.9	85.5	78.5
Hair changes	1.4	0.3	--	0.4	0.7	0.2	--
Moon face	0.5	--	0.2	0.2	--	--	--
Oedema	--	--	0.2	0.2	--	--	--
Emaciation	2.2	0.2	--	0.2	--	3.1	--
Marasmus	--	--	--	--	--	--	--
2 or more signs of PCM	1.0	0.2	--	0.2	--	--	--
Conj. xerosis	1.7	1.2	4.3	3.8	1.8	2.0	3.8
Bitot's spots	1.7	6.2	5.1	0.7	3.5	1.4	1.5
Total Vitamin A Deficiency	2.4	6.8	7.0	3.9	3.5	3.5	6.0
Angular Stomatitis	7.2	17.2	18.3	8.6	5.5	3.1	2.7
Other B-Complex Deficiency	4.3	0.5	--	0.4	0.4	2.2	6.4
Pellagra	--	--	--	--	--	--	--
Phrynoderma	9.4	4.3	1.4	0.2	1.1	--	0.2
Koilonychia	0.2	0.3	0.2	0.2	--	--	--
Gums-Spongy bleeding	0.2	--	--	--	--	--	--
Signs of Rickets	1.4	--	0.2	1.1	--	--	--
Caries	21.2	12.9	8.4	18.6	20.1	3.9	1.8
Mottled Enamel	2.4	3.6	1.2	--	--	--	2.0
Thyroid Enlargement	0.2	--	--	--	--	0.2	8.2
Enlargement of liver	1.4	--	--	0.4	--	--	0.2

NNMB: PERCENTAGE PREVALENCE OF DEFICIENCY SIGNS: 12-21 YEARS: MALES

S t a t e	Kerala	Karna- taka	Andhra Pradesh	Maha- rashtra	Gujarat	West Bengal	Uttar Pradesh
Number	266	330	297	399	328	259	392
NAD	71.0	71.8	74.1	81.9	83.5	84.2	84.4
Emaciation	0.4	--	--	--	0.3	0.4	--
Oedema	--	--	--	--	--	--	--
Conj. xerosis	5.3	3.0	3.7	1.2	3.0	0.4	2.6
Bitot's spots	2.6	3.3	3.7	1.0	3.7	0.8	2.3
Total Vitamin A Deficiency	6.4	4.8	5.7	1.7	4.6	1.5	4.3
Angular Stomatitis	6.8	11.2	15.5	2.8	4.0	3.9	1.3
Other B-Complex Deficiency	2.6	0.9	0.3	1.0	--	5.8	3.3
Pellagra	--	--	--	--	--	--	--
Phrynoderma	6.4	4.8	1.3	1.5	1.2	0.4	--
Koilonychia	0.4	0.9	--	0.2	--	0.4	--
Gums-Spongy Bleeding	0.4	--	--	--	--	--	--
Signs of Rickets	--	0.3	--	--	--	--	--
Caries	11.3	7.3	6.1	11.0	7.6	4.2	--
Mottled Enamel	3.0	3.3	0.7	0.2	--	--	1.5
Thyroid Enlargement	0.4	--	--	--	--	--	6.1

NNMB: PERCENTAGE PREVALENCE OF DEFICIENCY SIGNS: 12-21 YEARS
FEMALES

S t a t e	Kerala	Karna- taka	Andhra Pradesh	Maha- rashtra	Gujarat	West Bengal	Uttar Pradesh
Number	198	309	195	236	260	221	139
NAD	84.8	78.6	80.0	86.9	85.4	87.8	73.4
Emaciation	1.5	--	--	--	--	--	--
Dedema	0.5	--	--	--	--	--	--
Conj. xerosis	1.5	0.6	2.1	0.8	1.1	--	3.6
Bitot's spots	1.5	2.6	2.6	--	3.1	--	0.7
Total Vitamin A Deficiency	3.5	3.2	3.6	0.8	3.1	--	5.0
Angular Stomatitis	4.5	8.7	5.6	1.3	1.1	0.9	0.7
Other B-complex deficiency	2.0	1.0	1.0	--	1.5	5.0	7.9
Pellagra	0.5	--	--	--	--	--	--
Phrynoderma	1.5	1.0	7.2	0.4	1.1	--	--
Koilonychia	--	1.0	--	0.8	0.8	--	--
Gums Spongy Bleeding	1.0	--	--	--	--	--	--
Signs of Rickets	--	--	--	0.4	--	--	--
Caries	3.5	5.5	5.6	9.3	7.3	6.3	2.2
Mottled Enamel	0.5	2.9	0.5	--	0.4	--	--
Thyroid Enlargement	0.5	--	0.5	0.4	--	0.4	12.9

ANNEXURE - III

NUTRITIONAL STATUS - ANTHROPOMETRY

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - KERALA

MALES

Age in years	N	Height (Cm)		Weight (Kg)		Arm circumference (Cm)		Skinfold at triceps (mm)	
		x	SD	x	SD	x	SD	x	SD
01 +	16	75.3	7.87	8.0	1.86	12.6	1.04	6.2	1.74
02 +	13	78.5	3.47	9.8	1.62	13.2	1.05	6.2	1.65
03 +	32	86.6	4.81	11.1	1.66	13.5	1.27	6.5	1.90
04 +	31	97.2	12.41	13.0	2.20	14.1	1.18	6.5	1.34
05 +	38	100.4	8.76	14.2	3.91	14.2	1.18	3.9	1.46
06 +	25	104.0	7.53	15.0	2.02	14.3	1.03	5.3	1.57
07 +	34	108.7	8.16	15.9	2.22	14.5	1.81	5.4	1.88
08 +	41	118.0	11.88	18.9	4.46	15.1	1.40	5.0	1.16
09 +	26	119.3	8.77	19.1	3.28	14.8	1.34	4.9	1.50
10 +	44	121.9	5.95	19.9	2.34	14.6	0.93	4.7	1.25
11 +	37	127.9	7.88	23.2	2.85	15.8	1.52	4.8	1.29
12 +	56	130.9	7.35	24.4	3.70	16.3	1.95	4.8	1.31
13 +	42	135.0	7.71	26.4	3.96	17.0	1.74	4.9	1.44
14 +	49	139.7	8.79	28.7	4.63	17.3	1.71	4.9	1.34
15 +	25	143.6	10.41	30.5	5.45	18.0	1.69	5.2	1.37
16 +	25	150.2	12.86	37.0	9.07	19.5	2.38	3.4	1.23
17 +	19	156.7	9.53	39.6	7.03	21.0	2.39	5.1	1.17
18 +	21	158.2	8.00	41.9	7.04	22.3	1.73	4.9	1.09
19 +	8	158.4	6.32	42.4	3.07	21.8	2.31	4.4	1.06
20-25	72	161.7	8.48	47.0	5.25	22.9	1.97	3.2	1.59
25-30	50	160.5	8.81	47.8	6.34	23.3	2.43	4.9	1.19
30-35	32	159.4	6.63	45.9	6.82	23.6	1.91	5.5	2.30
35-40	37	161.7	8.15	48.1	6.47	23.8	1.72	4.6	0.92
40-45	39	163.4	6.25	49.1	7.82	23.5	2.23	5.4	2.09
45-50	30	160.3	6.45	46.7	7.56	23.0	2.44	5.3	2.12
50-55	27	159.6	7.61	49.0	9.66	22.4	2.79	6.5	5.17
55-60	15	158.5	6.68	45.7	6.67	23.1	2.00	5.3	1.88
≥60	62	157.7	6.89	43.9	8.44	21.8	3.36	3.3	2.32

NNMB - MEAN ANTHROPOE TRIC MEASUREMENTS BY AGE - KERALA

FEMALES

Age in years.	N	Height (a.)		Weight (Kg)		Arm circum-ference (Cm)		Skinfold triceps		at (mm)	
		X	SD	X	SD	X	SD	X	SD	X	SD
01 +	14	73.7	4.34	7.8	1.70	13.0	1.54	6.7	1.90	6.7	1.90
02 +	22	78.8	8.74	9.0	1.96	12.8	1.27	6.6	1.62	6.6	1.62
03 +	24	85.9	6.56	10.8	1.36	14.0	0.73	7.4	1.93	7.4	1.93
04 +	28	92.8	7.82	12.5	1.91	14.2	1.07	7.0	1.91	7.0	1.91
05 +	27	98.7	6.03	13.7	1.76	14.3	1.06	6.7	1.86	6.7	1.86
06 +	28	104.5	9.84	14.6	2.07	14.2	1.51	5.6	1.68	5.6	1.68
07 +	33	110.4	5.94	16.7	2.24	14.6	1.04	5.4	1.54	5.4	1.54
08 +	30	112.3	7.39	16.7	2.49	14.5	1.22	5.3	1.12	5.3	1.12
09 +	27	121.4	7.57	20.1	3.38	15.3	1.58	5.8	1.87	5.8	1.87
10 +	26	119.0	7.36	19.4	2.68	15.0	1.10	5.4	0.90	5.4	0.90
11 +	18	121.7	13.62	21.5	5.38	16.3	1.84	6.2	2.33	6.2	2.33
12 +	26	130.3	8.09	24.2	4.67	16.6	1.31	5.5	1.33	5.5	1.33
13 +	16	133.7	8.51	28.7	6.46	18.1	2.11	6.7	1.99	6.7	1.99
14 +	35	139.3	9.35	30.7	6.84	18.3	2.52	6.4	1.57	6.4	1.57
15 +	13	145.8	10.70	34.6	7.58	19.5	2.18	7.4	2.40	7.4	2.40
16 +	21	146.6	5.16	36.8	4.70	20.5	1.86	7.7	2.44	7.7	2.44
17 +	15	150.4	9.54	41.4	8.60	21.8	2.46	7.8	2.57	7.8	2.57
18 +	32	147.3	7.50	39.9	8.08	21.4	2.80	8.9	3.84	8.9	3.84
19 +	19	147.3	8.71	41.8	5.73	22.3	1.51	7.4	2.11	7.4	2.11
20-25	85	149.6	7.34	42.3	5.42	21.9	2.20	7.7	2.70	7.7	2.70
25-30	96	149.0	6.51	41.2	5.45	21.6	2.30	6.4	2.04	6.4	2.04
30-33	60	150.3	7.87	41.2	5.90	21.7	2.34	7.0	2.11	7.0	2.11
35-40	57	149.1	5.82	42.1	6.12	22.7	2.44	7.2	2.46	7.2	2.46
40-45	51	148.3	7.51	40.9	6.77	22.1	2.61	6.9	2.82	6.9	2.82
45-50	43	149.6	5.96	40.4	6.97	21.8	2.69	6.5	2.58	6.5	2.58
50-55	23	150.0	6.13	40.1	6.90	21.0	2.24	6.1	2.30	6.1	2.30
55-60	30	147.1	7.24	39.9	6.69	21.4	2.17	6.3	2.20	6.3	2.20
≥60	50	144.5	7.10	36.9	6.45	20.1	2.37	5.8	2.01	5.8	2.01

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - KARNATAKA.

M A L E S

Age in Years	Height (cm)		Weight (kg)		Arm Circum- ference (cm)		Skinfold at Triceps (mm)	
	x	SD	X	SD	X	SD	X	SD
01 +	73.0	4.36	8.0	1.26	12.7	1.38	8.6	2.77
02 +	80.0	5.84	9.3	1.76	12.9	1.77	8.8	2.64
03 +	85.6	5.41	10.7	1.42	13.7	1.11	9.4	2.14
04 +	93.9	6.88	12.5	1.77	13.9	1.01	8.7	2.19
05 +	98.6	8.13	13.4	1.96	13.8	1.12	7.7	2.26
06 +	107.4	7.40	15.8	2.47	14.1	1.07	6.6	1.55
07 +	112.1	7.04	17.1	2.34	14.4	0.98	6.6	2.41
08 +	119.1	1.02	19.1	3.11	14.9	0.99	6.2	1.39
09 +	122.9	9.70	20.8	4.33	15.1	1.57	5.3	1.74
10 +	125.5	6.81	22.1	3.26	15.7	1.41	5.8	1.38
11 +	131.3	8.71	24.4	3.44	16.5	1.30	5.9	2.17
12 +	136.5	6.93	27.3	4.13	17.1	1.64	6.0	1.86
13 +	142.5	7.94	29.8	4.01	17.8	1.38	5.4	1.65
14 +	144.8	9.68	32.7	6.94	18.8	1.96	5.9	2.37
15 +	151.1	9.42	35.7	6.89	18.8	1.61	5.4	1.37
16 +	157.6	7.64	41.0	6.84	20.8	2.21	5.1	1.60
17 +	160.4	6.17	42.8	5.32	21.4	2.21	5.2	1.48
18 +	162.1	7.09	45.7	5.19	22.6	1.84	5.3	1.43
19 +	164.0	6.52	49.0	3.58	23.3	1.27	7.7	3.10
20 - 25	164.4	6.34	48.6	6.20	23.3	1.94	5.7	1.34
25 - 30	164.3	4.69	49.7	6.51	24.1	2.21	5.9	2.97
30 - 33	163.8	6.46	50.1	7.31	24.0	2.16	6.0	3.49
35 - 40	163.4	5.29	50.3	6.68	24.2	2.18	6.4	3.41
40 - 45	163.5	6.04	48.6	7.86	23.7	2.44	5.3	2.79
45 - 50	163.8	6.94	48.7	6.65	23.3	2.31	6.0	3.42
50 - 55	163.7	6.00	50.1	7.97	23.3	2.41	6.8	3.67
55 - 60	162.4	6.29	47.6	7.87	23.0	2.68	6.4	3.31
≥ 60	162.4	6.71	46.0	8.80	22.0	2.95	6.8	3.70

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - KARNATAKA

F E M A L E S

Age in years	N	Height (cm)		Weight (kg)		Arm circumference (cm)		Skinfold at triceps (mm)	
		\bar{X}	SD	\bar{X}	SD	\bar{X}	SD	\bar{X}	SD
01 +	48	70.1	5.68	7.4	1.64	12.4	1.23	8.8	2.74
02 +	39	78.2	4.44	8.7	1.27	12.9	1.38	9.4	2.28
03 +	45	84.9	6.36	10.1	1.88	13.4	1.24	9.7	2.27
04 +	43	92.4	6.70	12.1	1.81	14.0	1.06	9.9	2.21
05 +	38	98.5	6.61	13.1	1.83	14.1	0.86	9.2	2.02
06 +	61	103.7	7.52	14.7	2.34	14.3	1.18	8.2	2.33
07 +	43	112.4	6.50	17.2	2.35	14.9	1.09	8.2	2.02
08 +	56	116.7	8.06	18.5	3.16	15.2	1.54	7.8	2.39
09 +	39	121.2	8.69	20.2	3.46	15.7	1.39	7.3	1.96
10 +	59	128.1	8.87	23.2	4.81	16.6	1.69	7.5	2.33
11 +	23	133.7	8.29	25.9	3.78	17.0	1.19	6.8	2.16
12 +	58	137.6	8.57	28.7	6.10	17.7	2.05	7.5	1.97
13 +	32	142.1	5.46	31.2	5.09	18.6	1.91	8.2	2.48
14 +	32	144.3	6.27	35.1	6.50	20.3	2.35	9.2	2.85
15 +	35	149.3	6.16	38.3	5.11	21.2	1.89	10.7	3.53
16 +	36	150.4	6.12	42.4	5.60	22.1	2.03	12.5	4.65
17 +	13	150.5	4.54	41.5	7.43	22.4	2.76	11.0	5.77
18 +	42	149.8	6.69	42.0	5.82	22.3	2.14	11.0	6.80
19 +	2	144.9	...	45.6	...	25.2	...	17.0	...
20 - 25	119	151.8	5.37	42.4	5.26	22.0	2.03	9.8	3.80
25 - 30	127	151.7	5.71	43.0	6.15	22.2	2.23	9.9	4.31
30 - 35	88	150.7	5.10	42.4	5.46	22.3	2.39	9.8	4.58
35 - 40	93	152.4	5.76	42.0	5.46	22.1	1.96	9.4	4.03
40 - 45	45	150.2	6.35	42.4	7.11	22.9	2.88	10.3	6.24
45 - 50	45	150.1	5.73	41.8	7.91	22.2	2.90	10.0	4.83
50 - 55	49	150.6	6.02	40.1	5.53	21.4	2.10	9.0	4.25
55 - 60	31	149.9	6.02	42.6	10.66	22.6	4.16	11.3	7.17
>60	71	147.7	5.67	37.9	7.14	20.7	2.94	8.8	4.64

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - KARNATAKA
 NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - ANDHRA PRADESH

MALES

Age in years.	N	Height (cm)		Weight (Kg)		Arm circum-ference (cm)		Skinfold triceps		at (mm)	
		x	SD	X	SD	X	SD	X	SD	X	SD
01 +	32	73.5	4.97	7.7	1.50	12.6	1.50	6.6	1.74		
02 +	27	79.5	4.17	9.2	1.71	14.0	2.15	7.2	1.47		
03 +	45	84.7	5.63	10.6	1.81	13.8	1.89	7.7	1.98		
04 +	48	91.5	6.33	12.0	1.66	13.8	1.18	7.3	1.63		
05 +	54	98.9	7.12	13.8	2.32	14.0	1.03	6.2	1.76		
06 +	30	102.6	7.22	14.8	2.04	14.4	0.90	7.0	2.18		
07 +	56	110.6	7.75	16.8	2.40	14.6	1.06	5.8	1.94		
08 +	68	115.7	7.78	18.4	3.32	14.7	1.71	5.3	1.60		
09 +	36	119.4	7.50	20.0	3.31	15.4	1.32	5.4	1.70		
10 +	57	126.1	8.34	22.9	5.52	16.1	1.35	5.1	1.45		
11 +	30	129.7	8.18	23.0	3.49	16.1	1.27	5.1	1.51		
12 +	61	133.9	8.10	25.6	4.35	16.6	1.86	5.3	1.67		
13 +	31	138.0	6.64	28.0	4.40	17.2	1.93	6.0	2.35		
14 +	40	145.8	7.89	32.6	4.89	18.7	1.94	5.7	2.42		
15 +	34	147.9	9.08	33.2	6.59	19.0	1.84	6.0	2.08		
16 +	38	156.0	6.81	40.4	7.24	20.5	3.20	5.32	2.02		
17 +	21	157.1	5.12	40.1	4.47	21.1	1.86	5.1	1.63		
18 +	23	158.1	6.40	42.4	7.49	21.5	3.36	4.9	1.00		
19 +	24	158.1	13.10	42.9	8.02	22.1	2.12	5.5	1.45		
20-25	81	163.6	6.65	49.7	6.10	23.6	2.48	5.6	2.50		
25-30	69	163.5	6.71	49.7	7.39	24.0	2.31	5.3	2.16		
30-35	64	162.4	6.73	50.5	8.07	24.3	2.12	5.5	2.73		
35-40	68	162.4	6.46	50.8	8.26	24.2	2.43	5.9	3.27		
40-45	53	162.1	6.16	48.9	7.81	24.1	2.20	5.3	2.24		
45-50	44	160.5	5.87	48.0	7.17	23.3	2.42	5.1	2.26		
50-55	28	163.8	6.92	50.0	10.31	23.2	4.05	5.9	2.69		
55-60	20	161.5	5.14	47.5	8.58	23.0	2.69	5.6	2.91		
≥60	54	161.8	8.26	46.4	7.51	22.1	2.52	5.3	2.13		

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - ANDHRA PRADESH.

Age in years	N	Height (Cm)		Weight (Kg)		Arm circum-ference (Cm)		Skinfold at triceps (mm)	
		X	SD	X	SD	X	SD	x	SD
01 +	30	72.0	4.24	7.1	1.38	12.3	1.72	7.3	2.28
02 +	21	76.3	4.03	8.7	1.13	13.3	1.24	7.7	1.72
03 +	32	83.7	5.23	10.2	1.70	13.7	1.26	8.3	2.23
04 +	46	99.7	5.36	11.6	1.52	14.0	1.09	8.2	2.32
05 +	37	99.1	5.42	13.9	1.74	14.5	1.14	7.7	2.24
06 +	40	104.3	6.75	15.7	4.70	14.5	1.24	6.6	2.12
07 +	46	109.3	7.67	16.0	2.51	14.6	1.28	6.1	2.07
08 +	53	114.9	7.90	17.9	4.37	15.4	1.35	5.9	1.82
09 +	32	119.6	7.12	19.3	2.32	15.4	1.00	5.7	1.40
10 +	32	126.1	6.33	22.6	2.91	16.7	1.94	7.2	2.47
11 +	15	130.3	9.98	24.8	4.63	17.2	1.54	6.0	1.54
12 +	33	136.6	7.26	28.1	6.40	18.4	2.31	7.2	2.59
13 +	12	140.4	4.71	31.4	4.69	20.4	2.55	8.0	1.46
14 +	24	146.1	5.75	36.3	6.01	20.3	2.13	8.7	2.30
15 +	16	148.7	4.51	39.9	5.04	21.8	1.70	9.0	2.28
16 +	30	150.5	5.69	41.0	4.87	22.3	2.59	9.6	3.28
17 +	9	151.7	5.92	41.5	4.27	21.8	2.16	9.9	3.90
18 +	34	149.4	5.26	41.2	5.45	21.5	2.96	8.9	3.91
19 +	6	145.9	4.07	41.8	7.90	23.4	2.33	10.3	4.08
20-25	88	150.7	6.52	42.0	6.16	22.3	2.28	8.8	3.59
25-30	90	151.9	6.03	42.7	6.32	22.4	2.31	8.3	3.45
30-35	88	149.3	6.33	41.2	5.36	22.3	2.61	8.1	3.53
35-40	61	149.2	5.53	42.7	7.11	22.9	3.16	7.6	3.91
40-45	38	150.2	5.60	41.5	8.11	22.3	3.95	7.6	3.58
45-50	44	150.3	5.55	43.3	9.85	22.9	3.87	8.9	5.23
50-55	15	150.4	5.93	41.9	8.95	22.8	3.33	8.5	4.99
55-60	24	152.5	6.51	42.2	8.25	22.2	2.84	7.9	4.42
≥60	47	147.2	6.69	38.9	6.82	21.3	2.37	6.1	2.51

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - MAHARASHTRA

M A L E S											
Age in Years	N	Height (cm)		Height (kg)		Arm circumference (cm)		Skin fold at Triceps (mm)			
		X	SD	X*	SD	X	SD	X	SD		
01 +	40	72.6	4.41	7.9	1.17	11.9	1.13	9.4	2.48		
02 +	42	78.6	5.93	9.2	1.50	12.7	1.19	9.6	1.79		
03 +	43	84.3	5.02	10.5	1.35	12.9	0.98	9.6	2.27		
04 +	48	88.3	4.66	11.5	1.31	13.1	1.14	9.3	2.60		
05 +	41	96.6	5.80	13.1	1.80	13.2	0.98	8.7	1.79		
06 +	39	104.4	10.65	14.4	1.81	13.5	1.37	7.5	2.37		
07 +	48	111.9	9.50	16.4	1.76	13.9	0.86	7.3	1.96		
08 +	52	114.8	10.28	17.2	2.00	13.7	0.94	6.4	1.90		
09 +	34	120.9	4.44	19.6	2.24	14.4	1.21	6.1	1.90		
10 +	42	124.2	5.50	21.2	2.38	14.7	6.93	6.8	1.90		
11 +	31	130.0	6.34	23.9	3.44	13.8	2.06	7.3	2.07		
12 +	44	132.8	5.34	25.2	3.37	15.9	1.08	6.7	2.16		
13 +	49	138.2	8.17	28.8	6.15	16.7	1.45	6.7	2.20		
14 +	62	143.4	8.71	31.7	4.68	17.4	1.38	6.8	2.39		
15 +	37	130.2	9.02	36.6	6.47	18.4	2.11	7.0	3.13		
16 +	51	156.3	7.96	39.6	6.48	19.6	20.02	6.3	2.05		
17 +	40	158.7	5.11	43.6	8.83	21.1	2.90	6.4	1.62		
18 +	47	160.0	8.37	45.4	5.06	21.5	2.35	6.5	2.36		
19 +	36	163.6	7.39	47.4	5.40	22.0	1.90	6.7	2.07		
20-25	86	163.5	6.26	48.5	5.32	22.5	1.97	6.4	2.26		
23-30	73	163.0	6.72	48.8	6.52	22.5	2.27	6.5	2.73		
30-35	70	163.2	6.23	49.6	7.04	22.9	2.18	7.6	3-96		
35-40	85	161.7	7.67	49.0	8.25	22.8	2.43	7.6	4.23		
40-45	63	162.1	7.12	49.4	8.55	23.1	3.51	7.7	4.23		
45-50	63	162.4	3.85	50.2	1.04	23.0	2.72	7.8	5.39		
50-55	32	161.8	8.45	47.7	7.39	22.1	2.04	8.0	3.54		
55-60	29	161.7	5.85	52.9	11.01	23.5	2.74	10.3	5.21		
≥ 60	70	161.3	8.80	48.4	7.83	22.0	2.49	7.7	3.42		

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - MAHARASHTRA

FEMALES

Age in years	N	Height		Weight (kg)		Arm circumference (cm)		Skinfold at triceps (mm)	
		X	SD	X	SD	X	SD	X	SD
01 +	25	71.4	5.33	8.1	6.11	11.2	1.08	9.0	2.59
02 +	30	75.0	4.16	8.2	1.44	11.9	1.29	9.9	2.22
03 +	41	83.6	5.63	10.1	1.34	12.6	1.39	9.9	2.44
04 +	47	90.0	6.18	11.9	4.61	13.0	1.47	10.5	2.92
05 +	29	95.0	5.64	12.5	1.40	13.0	1.11	9.0	2.46
06 +	48	102.0	5.72	13.9	1.59	13.6	1.82	8.4	2.75
07 +	40	108.5	6.13	16.0	1.86	13.9	1.02	8.1	2.15
08 +	54	114.6	8.61	17.7	3.12	14.2	1.56	7.9	3.27
09 +	34	118.3	5.13	19.0	2.40	14.9	1.12	7.8	2.40
10 +	37	124.7	7.74	21.1	4.06	15.3	1.33	7.6	2.23
11 +	29	127.1	13.60	22.4	4.10	15.8	2.39	7.5	2.32
12 +	46	136.3	6.01	27.1	3.94	16.5	1.71	8.8	2.50
13 +	20	142.0	8.86	31.0	4.98	17.9	1.64	8.6	3.00
14 +	29	144.7	9.80	34.8	7.72	19.0	2.28	10.0	2.74
15 +	21	145.2	5.16	37.9	7.13	19.4	2.16	10.6	4.71
16 +	39	151.2	5.53	40.2	3.88	20.4	1.36	12.4	4.40
17 +	14	149.4	6.47	39.5	4.81	21.2	1.87	12.2	4.34
18 +	33	151.2	6.17	41.4	5.68	20.7	2.01	12.8	4.87
19 +	9	148.0	5.26	42.4	4.62	21.9	1.59	14.2	4.68
20-25	83	150.1	5.79	40.6	4.98	21.0	1.96	11.5	4.35
25-30	82	151.1	5.69	42.4	7.02	21.6	3.08	11.8	5.28
30-35	75	151.3	5.94	41.5	6.61	21.3	2.58	10.5	4.02
35-40	72	149.7	5.33	42.0	7.62	21.4	2.27	11.4	4.45
40-45	57	149.3	6.13	41.1	6.89	21.2	2.43	11.5	5.77
45-50	38	149.6	5.69	39.8	5.88	21.1	3.07	12.4	7.73
50-55	52	148.4	8.09	39.4	5.52	21.1	2.42	11.3	5.27
55-60	33	148.2	5.76	38.9	6.46	20.8	2.98	11.9	5.53
≥ 60	60	147.6	7.19	39.7	7.61	20.8	2.44	12.0	5.75

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - GUJARAT

MALES

Age in years	N	N Height (cm.)		Weight (Kg)		Arm circumference (Cm)		Skinfold at triceps (mm)	
		X	SD	X	SD	X	SD	X	SD
01 +	27	73.2	3.44	8.2	1.40	12.8	1.03	7.5	1.07
02 +	45	79.6	4.73	9.5	1.31	13.4	1.17	7.7	1.66
03 +	41	85.5	4.99	10.7	1.48	13.8	1.04	8.2	2.28
04 +	62	93.2	4.34	12.4	1.26	14.1	0.86	7.6	1.99
05 +	25	98.3	5.54	13.4	1.82	14.1	1.05	7.0	1.87
06 +	28	103.5	4.11	14.9	1.82	14.5	0.84	6.7	1.82
07 +	38	110.2	6.16	16.2	1.95	14.4	1.04	6.1	1.98
08 +	43	114.8	6.41	18.1	3.16	14.8	1.03	3.3	1.33
09 +	30	117.9	6.26	18.3	2.13	14.8	0.95	5.6	1.49
10 +	58	123.4	6.40	20.7	2.68	15.4	1.01	3.4	1.17
11 +	30	129.5	5.69	23.4	2.86	16.3	1.86	6.2	2.38
12 +	48	129.4	6.05	23.8	3.15	16.1	1.16	5.4	1.43
13 +	41	135.1	5.15	26.1	2.98	16.6	1.11	5.8	1.34
14 +	42	141.6	6.24	28.7	3.98	17.1	1.38	5.6	1.87
15 +	30	149.5	6.43	34.2	5.44	18.7	1.41	5.3	1.39
16 +	34	156.5	4.94	39.3	3.76	20.0	1.66	5.9	1.47
17 +	36	159.5	7.04	42.1	6.13	20.8	1.90	5.8	1.63
18 +	35	159.9	6.49	42.8	4.95	21.1	1.68	5.9	2.39
19 +	26	163.1	5.40	45.0	4.24	21.8	1.80	5.3	1.43
20-25	93	163.2	7.60	47.2	5.15	22.5	1.80	5.7	2.05
25-30	76	164.0	6.04	49.4	5.27	23.7	1.89	5.8	2.53
30-35	48	164.7	5.21	49.4	7.52	23.6	2.45	6.3	3.09
35-40	87	162.5	6.45	49.5	8.41	23.8	2.61	7.3	4.81
40-45	39	164.6	6.18	51.1	8.44	23.7	2.08	6.9	2.89
45-50	66	162.3	6.76	47.1	7.09	22.8	2.03	5.8	2.60
50-55	25	163.0	6.26	48.3	9.14	23.1	2.81	6.6	3.96
55-60	33	162.2	5.60	46.6	6.25	22.6	2.15	6.5	2.47
>60	46	161.5	7.70	46.0	9.31	22.2	2.87	6.6	3.77

NNMB - MEAN ANTHROPOACTRIC MEASUREMENTS BY AGE - GUJARAT

FEMALES

Age in years	N	Height (Cm)		Weight (Kg)		Arm circumference (cm)		Skinfold at triceps (mm)	
		X	SD	X	SD	X	SD	x	SD
01 +	39	71.4	4.47	7.4	1.17	12.3	1.33	6.7	1.90
02 +	36	78.3	5.23	9.0	1.26	13.2	1.14	7.6	1.99
03 +	31	84.4	5.46	10.4	1.69	14.0	1.37	6.0	2.09
04 +	42	90.3	5.51	11.2	1.59	13.7	1.11	7.3	1.66
05 *	19	100.3	6.07	14.0	1.65	14.6	0.78	7.6	2.04
06 +	37	103.3	5.14	14.3	1.66	14.3	0.89	7.3	2.38
07 +	30	109.9	7.31	16.1	2.27	14.6	0.93	6.3	1.33
08 +	28	114.7	5.06	17.5	1.80	14.8	1.14	6.1	1.06
09 +	24	119.2	5.34	19.6	2.25	15.5	1.01	6.3	1.60
10 +	40	122.9	6.00	20.5	2.88	15.8	1.34	6.3	2.05
11 +	23	126.4	7.58	22.1	3.11	16.2	1.04	6.1	1.25
12 +	46	131.3	5.30	24.5	3.57	16.7	1.59	7.0	2.02
13 +	29	138.6	5.30	27.6	3.62	17.6	1.54	7.5	2.79
14 +	25	141.7	5.18	31.0	4.93	18.5	1.80	7.4	2.73
15 +	20	147.0	6.58	34.7	6.65	20.0	1.96	8.5	2.79
16 +	32	149.3	5.62	36.8	4.74	20.2	1.74	8.9	2.71
17 +	22	148.7	6.61	38.4	4.86	21.0	2.29	11.2	4.53
18 +	23	151.5	4.96	41.5	5.20	22.2	2.23	12.4	4.25
19 +	24	150.2	4.43	41.5	5.93	22.0	1.98	11.2	4.54
20-25	99	151.9	5.42	43.6	5.16	22.4	1.79	11.0	4.64
25-30	74	151.0	5.53	41.9	6.20	22.1	2.02	9.9	4.70
30-35	75	151.1	5.42	43.8	6.14	22.6	2.17	10.6	5.36
35-40	68	151.9	5.69	43.4	6.36	22.6	1.93	10.2	5.19
40-45	53	149.7	5.15	44.0	9.01	23.2	3.30	12.1	8.57
45-50	59	151.1	5.14	43.5	8.08	23.0	2.32	10.9	5.67
50-55	28	150.3	4.69	44.5	8.69	23.2	3.36	12.2	5.35
55-60	27	150.4	6.11	41.3	6.94	21.9	2.50	10.2	4.35
≥60	40	148.9	5.43	38.1	6.38	20.8	2.51	7.7	4.18

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - WEST BENGAL

M A L E S

Age in Years	N	Height (cm)	SD	Weight (kg)	Area Circumference X (cm) SD	Skinfold at Triceps X (mm) SD
01 +	31	73.5	4.77	8.2	12.2 1.15	6.6 1.49
02 +	24	80.8	5.22	9.4	12.5 1.19	6.2 1.45
03 +	31	88.6	4.87	11.1	12.8 1.00	6.0 1.17
04 +	32	92.6	5.70	11.8	12.8 1.41	5.8 1.71
05 +	38	99.1	4.70	13.6	13.3 1.13	5.3 1.15
06 +	35	102.6	5.65	14.8	13.6 1.24	5.4 1.30
07 +	37	108.4	4.94	15.7	13.7 1.11	4.7 1.10
08 +	39	113.5	5.07	18.1	14.5 0.94	4.7 0.94
09 +	36	118.2	6.34	19.3	14.7 1.09	4.4 0.80
10 +	34	122.9	5-11	21.5	15.6 1.14	4.5 0.97
11 +	33	125.6	4.23	22.3	15.6 1.37	4.6 0.99
12 +	29	133.2	6.91	25.7	16.3 1.21	4.6 0.91
13 +	32	134.3	6.55	27.1	16.9 1.30	4.9 0.98
14 +	29	140.9	9.05	30.6	17.6 1.85	4.6 0.78
15 +	32	147.9	10.71	34.7	18.8 1.69	4.6 1.19
16 +	37	151.7	10.07	37.8	19.3 1.92	4.9 0.91
17 +	37	153.4	10.15	39.1	19.8 2.26	5.0 1.00
18 +	25	158.9	5.76	44.0	21.4 1.68	5.5 1.18
19 +	23	160.1	6.24	45.2	21.5 1.32	5.3 1.29
20 - 25	57	160.3	6.45	46.8	22.6 1.75	5.3 1.35
25 - 30	52	159.9	5.56	46.3	22.8 1.79	5.0 0.98
30 - 35	43	158.3	5.86	45.9	22.8 1.87	4.8 1.14
35 - 40	56	160.8	6.07	46.8	22.5 1.64	4.8 1.35
40 - 45	80	160.9	5.82	47.0	22.8 1.91	5.0 1.33
45 - 50	51	158.2	5.56	45.1	22.3 1.60	4.9 0.87
50 - 55	37	160.2	6.58	44.8	21.9 1.53	4.9 1.31
55 -60	26	156.3	6.05	44.3	21.8 2.05	5.3 2.10
> 60	25	159.3	6.89	43.6	21.1 2.02	5.0 2.33

NNMB - MEAN AN THROPOMETRIC MEASUREMENTS BY AGE - WEST BENGAL

Age in years	N	F E M A L E S							
		Height (cm)		Weight (kg)		Arm circumference (cm)		Skinfold at triceps (mm)	
		X	SD	X	SD	X	SD	X	SD
01 +	33	70.9	4.96	7.3	1.15	11.6	0.86	6.2	1.51
02 +	37	80.5	5.24	9.5	1.32	12.6	1.07	6.9	1.33
03 +	39	86.5	4.39	10.7	1.44	12.7	0.93	6.7	1.48
04 +	44	91.7	5.63	11.7	1.79	13.1	1.50	6.4	1.68
05 +	26	97.8	4.63	13.2	1.63	13.5	1.04	5.8	1.11
06 +	38	102.4	4.67	14.4	1.53	13.8	1.07	5.2	1.01
07 +	14	109.2	4.88	16.6	2.35	14.2	1.46	5.5	0.88
08 +	48	111.7	5.28	17.0	2.15	14.2	1.21	4.8	1.05
09 +	40	116.6	5.89	18.4	2.32	14.7	1.10	5.0	1.31
10 +	37	120.7	5.16	20.5	2.33	15.5	1.11	5.4	1.06
11 +	35	124.8	5.35	22.3	3.03	16.2	1.40	5.1	0.87
12 +	46	130.0	7.35	24.6	4.56	16.6	1.67	5.3	1.19
13 +	33	134.9	9.54	27.1	5.24	17.2	1.51	5.6	1.10
14 +	29	141.9	5.30	32.9	4.82	18.7	1.74	6.5	1.68
15 +	30	143.1	7.34	35.1	5.38	19.7	1.87	7.3	2.11
16 +	16	145.7	6.21	38.5	5.58	20.8	2.42	8.8	3.45
17 +	19	147.4	6.44	40.2	5.74	21.3	1.87	3.0	3.18
18 +	17	150.3	4.03	43.6	4.73	22.2	1.98	9.7	3.03
19 +	16	148.9	5.27	40.6	4.71	20.7	1.97	7.8	2.60
20 - 25	47	148.7	5.68	40.9	5.83	21.1	1.69	7.8	2.39
25 - 30	64	148.7	4.76	41.6	5.11	21.0	2.04	7.7	3.89
30 - 35	68	147.2	6.27	39.5	5.65	20.8	1.77	6.8	2.11
35 - 40	75	147.2	5.44	38.9	5.31	20.6	1.88	6.7	2.94
40 - 45	46	147.3	5.18	38.5	4.66	21.0	1.72	6.9	2.04
45 - 50	31	147.3	4.98	37.9	4.98	20.3	2.00	6.7	2.42
50 - 55	26	143.9	4.21	34.9	3.39	20.0	1.81	6.0	1.77
55 - 60	14	147.7	4.32	34.8	3.92	19.0	1.61	5.1	1.45
≥60	20	144.8	4.48	36.2	5.68	20.1	1.91	6.6	2.36

NNMB - MEAN ANTHROPOMETRIC MEASUREMENT BY AGE - UTTAR PRADESH - 1975

M A L E S

Age in years	N	Height (cm)		Weight (kg)	Am Circumference (cm)		Skinfold at triceps (mm)		
		X	S.D.		X	S.D.	X	S.D.	
01 +	34	71.2	5.98	7.8	1.61	11.9	1.35	7.5	2.00
02 +	29	76.7	7.80	9.0	1.77	12.5	0.92	7.8	1.58
03 +	54	83.6	6.32	10.8	2.06	12.9	1.23	7.3	1.94
04 +	56	94.1	6.59	13.3	2.04	14.0	1.07	7.6	2.16
05 +	44	99.9	7.55	13.8	1.73	13.5	0.86	7.0	2.16
06 +	56	105.6	7.01	15.8	1.95	14.0	1.02	6.6	1.84
07 +	43	113.4	6.96	18.5	2.80	14.7	1.13	6.0	1.34
08 +	51	116.0	7.09	18.9	2.80	14.8	1.15	5.8	1.23
09 +	30	121.4	7.63	21.4	3.87	15.3	1.42	5.6	1.25
10 +	50	127.7	7.65	24.2	4.24	16.3	2.52	5.8	1.44
11 +	28	133.0	9.20	25.2	4.06	16.7	1.38	5.7	1.02
12 +	52	136.1	8.22	27.8	4.52	17.2	1.50	6.2	1.58
13 +	39	143.6	9.96	31.8	4.47	17.5	1.43	5.5	1.17
14 +	46	147.8	9.77	36.5	5.94	19.4	1.62	5.6	1.45
15 +	46	151.0	8.81	39.8	4.85	20.3	2.22	5.3	0.98
16 +	29	154.4	8.26	41.9	4.42	20.5	2.07	5.4	0.82
17 +	32	156.7	9.89	46.4	6.63	21.4	2.01	6.4	1.86
18 +	66	159.6	5.99	46.9	4.62	21.9	1.86	5.6	1.56
19 +	33	162.8	6.39	49.1	3.15	22.5	1.55	5.7	0.85
20-25	100	162.1	6.54	49.3	5.74	22.9	1.95	5.4	1.25
25-30	64	161.6	7.05	48.9	6.85	23.1	1.69	5.3	1.86
30-35	47	163.3	4.56	49.7	4.79	23.0	1.42	5.2	1.75
35-40	56	163.5	6.20	51.2	7.96	23.3	2.04	5.3	1.93
40-45	63	162.5	7.16	50.1	9.45	23.0	2.54	5.5	2.27
45-50	60	161.6	6.83	48.8	6.40	22.6	2.44	5.5	1.71
50-55	51	161.5	7.78	48.9	7.77	23.0	2.20	5.5	2.44
55-60	27	162.8	7.48	48.5	11.15	22.2	2.68	5.6	2.94
≥ 60	62	161.5	6.48	46.3	8.39	21.2	2.62	5.3	2.28

NNMB - MEAN ANTHROPOMETRIC MEASUREMENTS BY AGE - UTTAR PRADESH -1975

F E M A L E S

Age in years	N	Height (cm)		Weight (kg)		Arm circumference (cm)		Skinfold triceps (mm)	
		X	SD	X	SD	X	SD	X	SD
01 +	26	70.5	6.21	7.3	1.60	11.5	0.94	7.6	2.12
02 +	29	75.5	6.79	8.4	1.62	12.3	1.16	8.3	2.33
03 +	37	83.3	6.55	10.6	1.67	13.2	1.02	8.3	1.60
04 +	33	89.0	7.32	11.9	2.36	13.4	1.40	8.2	2.78
05 +	23	101.5	8.03	14.5	2.18	14.2	0.81	7.1	1.73
06 +	25	108.8	8.44	16.6	2.09	14.6	0.98	7.2	2.15
07 +	17	111.6	8.15	17.5	2.57	14.5	0.80	5.8	1.38
08 +	29	118.5	7.26	20.1	2.93	15.4	1.16	6.2	1.29
09 +	21	123.8	8.39	21.2	3.83	15.2	2.15	5.8	1.45
10 +	25	125.7	11.74	23.4	7.32	16.2	2.26	6.4	1.29
11 +	8	131.5	7.89	25.5	4.09	16.5	1.61	6.7	1.39
12 +	26	137.8	9.05	29.8	5.98	17.9	2.44	7.9	2.59
13 +	10	144.2	8.61	33.4	7.54	19.1	3.00	8.0	3.09
14 +	17	143.7	5.98	35.3	6.93	19.1	2.48	8.5	4.12
15 +	19	143.2	6.52	36.3	5.53	20.0	2.43	9.7	3.46
16 +	16	146.1	6.04	38.7	4.49	20.6	2.28	9.7	3.87
17 +	9	147.8	8.32	39.0	4.58	20.2	1.78	8.4	3.21
18 +	19	146.8	5.47	41.	4.21	22.0	1.88	10.8	4.96
19 +	8	149.7	3.65	39.9	3.33	20.9	1.81	9.2	3.58
20-25	61	149.4	5.28	42.0	4.76	21.4	1.90	10.1	4.32
25-30	59	150.0	6.99	42.5	6.41	21.4	1.81	8.0	2.98
30-35	78	150.5	5.95	41.4	4.44	21.3	1.90	8.3	3.46
35-40	65	149.6	6.74	40.5	5.98	21.3	2.12	8.1	3.21
40-45	58	148.8	5.38	39.9	5.39	21.0	2.25	8.4	3.45
45-50	40	149.1	6.56	39.8	6.23	20.9	1.94	7.9	3.16
50-55	35	149.5	5.14	41.7	7.32	21.3	2.50	8.3	4.11
55-60	19	148.0	7.17	38.0	6.48	20.4	2.04	7.2	2.64
≥ 60	49	147.0	5.82	37.0	7.57	19.8	2.73	6.9	3.97

NNMB - PERCENTAGE DISTRIBUTION OF PRESCHOOL CHILDREN (1-5 YEARS) ACCORDING TO WEIGHT FOR AGE CLASSIFICATION* IN DIFFERENT STATES:

Stats	No. of children	Normal	Mild	Moderate	Savere
Kerala	128	7.0	25.0	50.8	17.2
Karnataka	343	3.5	20.1	54.2	22.2
Andhra Pradesh	246	2.4	19.5	54.9	23.2
Maharashtra	248	1.2	16.2	52.8	29.8
Gujarat	236	0.8	22.9	56.4	19.9
West Bengal	267	3.3	29.6	50.1	16.0
Uttar Pradesh	253	7.1	22.9	47.9	22.1

* % of American Grade:

standard:

≥90	=	Normal
75-90	=	Mild
60-75	=	Moderate
< 60	=	Severe

N.N.M.B. : PERCENT DISTRIBUTION OF INDIVIDUALS ACCORDING TO
PROTEIN-CALORIE INADEQUACY

<u>STATE</u>	No. of indivi- duals surve- yed	PI CI	PI CA	PI CI	PA CA	PI	CI
KERALA	311	19.0	2.2	41.8	37.0	21.2	60.8
KARNATAKA	441	2.5	---	13.2	84.3	2.5	15.7
ANDHRA PRADESH	339	15.9	0.6	35.4	48.1	16.5	51.3
MAHARASHTRA	443	8.1	0.2	34.3	57.4	8.3	42.4
GUJARAT	311	6.4	0.6	32.5	60.5	7.0	38.0
WEST BENGAL	366	16.1	1.1	40.2	42.6	17.2	56.3
UTTAR PRADESH	412	12.9	----	33.7	53.4	12.9	46.6

PI = Protein Inadequacy
CI = Calorie Inadequacy

PA = Protein Adequacy
CA = Calorie Adequacy

